

Parish Newsletter



22nd SUNDAY IN ORDINARY TIME | 2 September 2018
Cycle B | Issue 40



CAUGHT IN THE EXTERNALS

If the readings of last weekend were about motivation – this weekend develops it further. What is on the inside? When nobody is watching, where do we operate from as people? We are all used to the idea of people giving a good impression and are probably suspicious of anyone acting too good. There is no end of CCTV around, in schools, shops, streets, Garda cars, emergency vehicles and

Workplaces. Various groups and reporters use the hidden camera for their own purposes in investigations.

They tell of one motorist driving along under the limit, who noticed a flash of a speed camera. Curious, he stopped and turned around and approached again (definitely legal speed this time) – the camera flashed again. It flashed a third time as he crawled by, with his

Today's Readings



Deuteronomy 4:1-2,6-8
Psalm 14:2-5
James 1:17-18,21-22,27
Mark 7:1-8,14-15,21-23

Next Sunday's Readings



Isaiah 35:4-7
Psalm 145:7-10
James 2:1-5
Mark 7:31-37

cheesiest grin on. A few days later he got three summonses for not wearing a seat belt while driving. It's only a joke, but sometimes we can be so obsessed in one direction that we forget the whole range of human behaviour is in question. We are in our time perhaps being turned outside-in and inside-out.

You suspect that if the cameras were trained on the Pharisees of the Gospel, their outward behaviour would be just right. The philosophy of CCTV is that if you put people on camera they have to behave, it motivates people to act right. But "act" is the word. Even at family functions, when the camera switches on, people stiffen that back, pull in that chest and basically look wooden and unnatural.



Reflection

Consider some of the things in your life that nourish your fidelity to God.



Lesson

The heart that is devoted to God will do in love all that is commanded.



Prayer

Lord, help me to be a spiritual person, obeying your commandments. Cleanse me, purify me, and wash me with your blood poured out for us. Stay with me and walk beside me, so that I will keep your commandments and do your holy will. Amen.

We all know that outward public behaviour doesn't necessarily reflect inward character. We all act to the role. When the cameras aren't rolling or there at all, we're more likely to drop the act and be ourselves. It's only natural. What we "do" matters, but where that "doing" comes from matters more.

Question: What's our motivation? What's on the inside, where no CCTV can capture? What is most important? The outside or the inside? Which defines us more – our outside behaviour or our inside motivation?

Or is how you look, how you come across, how you perform – is that what makes or breaks you? It shouldn't be you know. Law without the heart is hypocritical but the heart without law is license. Our religious behaviour must express this centre of ourselves. "For it is from within ... that evil intentions emerge" (Gospel).

– Tom Cox

This Week (3-9 September)

- 3 **Mon** St Gregory the Great
- 4 **Tue** St Cuthbert; St Mac Nissi
- 5 **Wed** St Teresa of Kolkata
- 6 **Thur** St Bega, abbess; St Eleutherius, abbot
- 7 **Fri** St Cloud, priest
- 8 **Sat** THE NATIVITY OF THE BLESSED VIRGIN MARY
- 9 **Sun** 23rd SUNDAY IN ORDINARY TIME



The Parish of St Anthony's is part of the Diocese of Down and Connor and operates in accordance with the Diocesan Privacy Notice, copies of which are available in porch.

St. Anthony's Parish, Belfast

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MASS TIMES & SERVICES (UNLESS OTHERWISE STATED)

Saturday Evening at 6.30pm. (English Parish Mass)

Sunday Morning (in Polish): 9.30am, 1pm & 7pm. (English Parish Mass): 11.30am

Weekdays: Monday, Tuesday & Thursday at 9.30am. Friday at 7.00pm.

Wednesday: Communion Service discontinued until further notice (Day off)

Holy Days of Obligation: Vigil Mass at 7.00pm & Morning of Feast Day (9.30am)

Confessions: Before each Mass and By Arrangement.

Baptisms: Saturdays at 4pm (3 weeks notice required)



22nd Sunday of Ordinary Time—Year B

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Mark 7:1-8, 14-15, 21-23

1. Certain sections of the Jewish people put great store on the importance of rules and conventions as a measure of the goodness of a person. Jesus challenges this view. Where have you seen goodness in unconventional people? What brought it home to you that being a good person meant more than getting appearances right?
2. Even fidelity in religious practice is not enough. 'This people honours me with their lips, but their heart is far from me'. How have you experienced the importance of carrying your faith beyond attendance at Mass on Sundays? When have you seen that in others? What brought this home to you?
3. What Jesus seeks are followers whose faith is whole-hearted and warm, people whose religion is not primarily in dutiful observance but in their enthusiasm for life and their care for one another. It is good to be with them. Give thanks for the people you know who are like that.
4. 'It is from within, from the human heart, that evil intentions come.' It is also from within that good intentions come. We have choices. When have you been faced with the choice between good and evil? When did you realise the importance of accepting responsibility for your own life and choices? How has this helped your growth as a person?

John Byrne OSA. Email jpb Byrneosa@gmail.com

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Loretta Owens (mother of Fr Peter Owens), Mary Emerson (mother of Fr Sean Emerson)

Anniversaries: Philomena (Phyllis) Bennett, Ann Tibodeau, Jim & Celia McNally, Vincent Crilly, Brenda Gunn, Evelyn Mills & Frankie Mills, Thomas & Isobel McGiffin (Tues 4th Sept at 9:30am)

READERS AND EUCHARISTIC MINISTERS

Sun 2nd September

READERS:

Vigil Mass: Maria Murphy & Anthony Clifford
Morning Mass: Martina McClory & Eileen Dunn

EUCHARISTIC MINISTERS:

Vigil Mass: Ann Wright
Morning Mass: Margaret Sheppard

Sun 9th September

READERS:

Vigil Mass: Eamon Blaney & Carmel Blaney
Morning Mass: Suzanne Hopkins & Margaret Woods

EUCHARISTIC MINISTERS:

Vigil Mass: Stephen Murphy
Morning Mass: James Henderson

COLLECTIONS: Many thanks for your contribution to last week's collections: Weekly Collection £515.18, Cathedral Fund £15.50, Stipend £5, Shrines £99.52.

Please consider signing a Gift Aid form so that the parish can claim back the Tax from the HMRC on your contributions. Your own Tax is not affected. New boxes of envelopes are available in sacristy. If you would like a box please speak to Fr McCann.

Pope Francis in Ireland. The Irish Catholic and Columba books will present a collaborative souvenir coffee-table book of Pope Francis' visit to Ireland and the events of the World Meeting of Families, with photos and events from around the country, €24.99 plus p&p. For more information 003531 687 4096, sales@columba.ie or visit www.columbapbooks.com.

Irish Catholic Newspaper. Extra copies of the newspaper for Aug 23rd and Aug 30th will be available in the Church porch the following Sundays.

Annual Belfast Pioneer Mass will take place on Tuesday 18th September 2018 in St. Malachy's Church, Alfred St. Belfast at 7pm. Everyone is welcome. Light refreshments afterwards. Anyone wishing to be presented with emblems/ certificates please contact Pat 9262 9959, lan 9061 6601, Josephine 9061 7116, Roisin 9064 6957.

Christian Partnership Survey. Think tank Demos, working with the Good Faith Partnership, are doing a research project about church social action. Many churches are doing extensive community work for social purpose - from food banks, to youth clubs, to financial advice and many other things. For these projects, they often work with non-Christian organisations, such as local authorities, businesses, charities or schools. We are collecting responses from churches through this survey: <https://www.surveymonkey.co.uk/t/QJ6P2DM>. It should take about 10-15 minutes to complete.

Voice of Hope Concert at Saint Peter's Cathedral as All Lives Are Precious and their cross community celebration of Love Life and Happiness visits Saint Peter's on Friday, 14th September 2018 @ 7:30pm, as we for the first time, invite our communities to mark World Suicide Prevention Day with us. Special guests, Peter Corry and The Priests, and the Saint Peter's Schola Cantorum, Saint Peter's Community Choir, Down and Connor Folk Choir and an ensemble choir of children and young people from local primary schools and youth clubs. Tickets are priced at £10 and are available from Saint Peter's Cathedral Office, Immaculata Youth Club and online via <https://www.eventbrite.co.uk/e/voice-of-hope-belfast-tickets-46646393619>. Proceeds of this event will provide support and services to young people from all sections of the community in North and West Belfast on Mental Health Awareness, Suicide Prevention and Wellbeing. Contact Ronan info@alpsni.org or 07801481013.

Family Care Adoption Services is a voluntary adoption agency with offices in Derry and in Belfast. We provide an adoption service throughout all of Northern Ireland. A core part of our work is to place children with new adoptive families. These children are often from the care system and may have had a difficult start in life. We are experienced in finding families for these children but given the number of children being referred and their specific needs we are always looking for families to come forward. We are presently seeking to recruit adoptive families for babies and young children. For a free information pack please contact us at: Telephone: 028 71 368592 / 028 90 691133. Monday to Friday 9 - 5 p.m. Email: anne.ohagan@familycaresociety.org. Website: www.familycaresociety.co.uk. Thank You

Pathways Adult Faith Development Programme at Drumalis - Enrol now for 2018-2020 intake. Pathways is a broad-based adult faith development course which explores spirituality, theology and prayer. Now in its thirteenth year, Pathways is geared towards those who want to reflect about life, faith and relationships with God and others. The course takes place in the beautiful surroundings of Drumalis in Larne. No academic qualifications are necessary and there is no coursework attached. This two-year programme supported by the Diocese of Down and Connor runs from October to June each year and will be held on nine Saturdays from 10:00 am - 4:30 pm. For further information and booking form, please contact Drumalis - 028 2827 2196/2827 6455 (during office hours, Mon-Fri, 9 am - 5 pm), email maura@drumalis.co.uk or see the Drumalis website: <http://www.drumalis.co.uk>

Our Lady and St Patrick's College, Knock will hold an Information Evening at 7.30 pm on Thursday 6th September 2018 for the parents of P7 pupils who are seeking entry to Year 8 in September 2019.

Annual National Grandparents Pilgrimage at the Shrine of Our Lady of Knock, Sunday 9th September 2018. All welcome. For more information Contact Catholic Grandparents Association, Castlebar Street, Westport, Ireland Tel: (+353) (0)85 870 4722 www.catholicgrandparentsassociation.org

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry McCann PP.