

The Parish of St. Anthony's is part of the Diocese of Down and Connor and operates in accordance with the Diocesan Privacy Notice, copies of which are available in porch.



St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)
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henrymccann@hotmail.com. **Website:** www.saintanthony.co.uk
PUBLIC MASS TIMES—COVID-19 ERA (will be under assessment/review)
Saturday Evening at 6.30pm. (English Parish Mass)
Sunday Morning (in Polish): 9am, & 6:30pm. (English Parish Mass): 11.30am
Weekdays: (Mon Private 9:30am), Tues & Thurs at 9.30am. Fri at 7.00pm.
All English Masses on Facebook. Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am
Confessions: By Arrangement. **Baptisms:** By Appointment
Local SVP Conference contact details: 028 90351561
<https://www.svp.ie/stbernadettebelfast>



FEAST OF CHRIST THE KING SAFEGUARDING SUNDAY

For this was I born and for this I came into the world, to testify to the truth. [John 18:33b-37]
*Oh Jesus, before you came we only guessed at the truth.
 Could we have known that God loved the poor, that God healed the broken-hearted, the sick and the distressed?
 Nor that God would offer his very Son for our sake?
 Yours is the kingdom of love.
 Help us know, belong and testify with you to this loving truth.*
 Anne Osdleck

WE REMEMBER OUR DECEASED LOVED-ONES
Recently Deceased: Ann Hurrell
Anniversaries: Frances Cecilia Matthews, Dan Gallagher, Annie McPeake, James Murray, Patrick Joseph Greenan (Sun 31st Nov at 11:30am).
 To arrange for anniversary masses please speak to Fr McCann

COLLECTIONS: Many thanks for your support. Trocaire Emergency Appeal (so far) £691.30, Weekly Collection £253, **DONATE Online**
Donate Button on Website

We would appreciate that if you send in a cheque to pay for a number of different donations, that you itemise what amount should go to each collection. Also include all empty envelopes in the one envelope

Updated Diocesan Covid-Safe Measures for all Church based liturgies/activities As well as the previous measures, the following updates are to be followed, summarised, (issued 26th October 2021):

Social Distancing: a minimum of one metre social distancing between members of different households.

Face Coverings: The wearing of face coverings while entering, leaving and moving around a church is mandatory (except when exempted). Face coverings should be recommended throughout celebrations, even when seated. If there is congregational singing, face coverings must be worn.

Hand Sanitizers: Suitable hand sanitizers should continue to be provided at the entrances to Churches and other parish buildings.

Ventilation: Churches should be well ventilated during and after any gathering.

Movement around the Church: Parishes should retain any guidance/direction designed to allow social distancing.

Cleaning Routines: Parishes should maintain current regime of cleaning between liturgical services.

Holy Water Fonts, missalettes, newsletters etc.: For the time being, holy water fonts should remain empty. Missalettes and newsletters/bulletins should not be used unless they are single use and are retained by the user or disposed of after use.

Celebration of Mass: Parishes should continue to observe the principle of simplicity in the Liturgy for the time being, and note that the obligation to attend Mass on Sundays and Holy Days remains suspended.

Choirs and liturgical music groups may recommence their ministry, and the number of members must be included in the safe maximum number determined in the risk assessment. Face coverings should be used and members observe 1 metre distancing. Choirs should sing at a reduced volume, and choose a repertoire that will not unnecessarily prolong the liturgy.

Entrance and recessional processions should be simple, confined to the celebrant, (deacon) and servers. There should be **no offertory procession** and **sign of peace remains suspended**. Those administering Holy Communion should continue to sanitize hands before and after distribution, to wear face coverings, and **communion in the hand should remain the norm**, or accommodation made for those who receive on the tongue, when hands should be sanitised immediately after each recipient. (Full updated guidance can be found on the parish Facebook page and on the Parish Website)

SAFEGUARDING SUNDAY - 21st November. "This year, as Bishop of the Diocese, I have designated Sunday 21st November as 'Safeguarding Sunday'. This is an opportunity for all the parishes to come together and acknowledge the dedication of hundreds of parish volunteers who serve in the ministry of Safeguarding across the Diocese. During the celebration of the Sunday liturgy, we will renew our commitment to the pastoral care of victims of sexual abuse as well as children, young people and adults in our parishes. On Sunday 21st November at 3pm, I will lead a Prayer Service from St. Peter's Cathedral. Everyone is welcome to join online with me and diocesan representatives of Safeguarding for this Prayer Service via Church Services TV. To join, kindly follow the links to the Cathedral webcam: <http://www.churchservices.tv/stpeterscathedral>."
 + Noël Treanor, Bishop of Down and Connor

Laudato Si Reading Group. St Colmcille's Parish Ecology Group in association with Trocaire is hosting a Laudato Si' reading group via zoom over 6 evenings this autumn and you are warmly invited to join us, starting on 13th October. For further information about the group and details on how to register please see the flyer in the porch or visit our website <https://st-colmcilles.net>. Alternatively you can contact St Colmcille's Parish Office by email: stcolmcilles@downandconnor.org or patricia.kernaghan@btinternet.com. See poster in porch.

Ministers of the Word and Eucharist. It is hoped to refresh/add to the groups of ministers of the Word and Eucharist in the Autumn. If you are interested in joining these groups, a course of instruction will soon take place, at which all ministers of Word and Eucharist are invited.

Shalom World Prayer for the Sick. You are invited to join Shalom World Prayer online to Pray for the Sick in Eucharistic Adoration. Submit your prayer requests on www.swprayer.org. Download the FREE Shalom World app on your smartphone or tablet.

Commemoration of all the Faithful Departed During the month of November, Masses will be offered for all the faithful departed.

The November Lists for the Deceased, with envelopes, are available in the Church porch. Please return your list in the collection basket. They will be opened and the lists placed on the altar, and the names therein remembered during the masses.

Short-Term Pioneer Pledge for November - Month of the Holy Souls Many people choose to abstain from alcohol for the month of November and offer up their sacrifice for their deceased family members and friends. You can do likewise. Please consider taking the Short-Term Pledge for November and say the Prayer daily:

"I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during November"

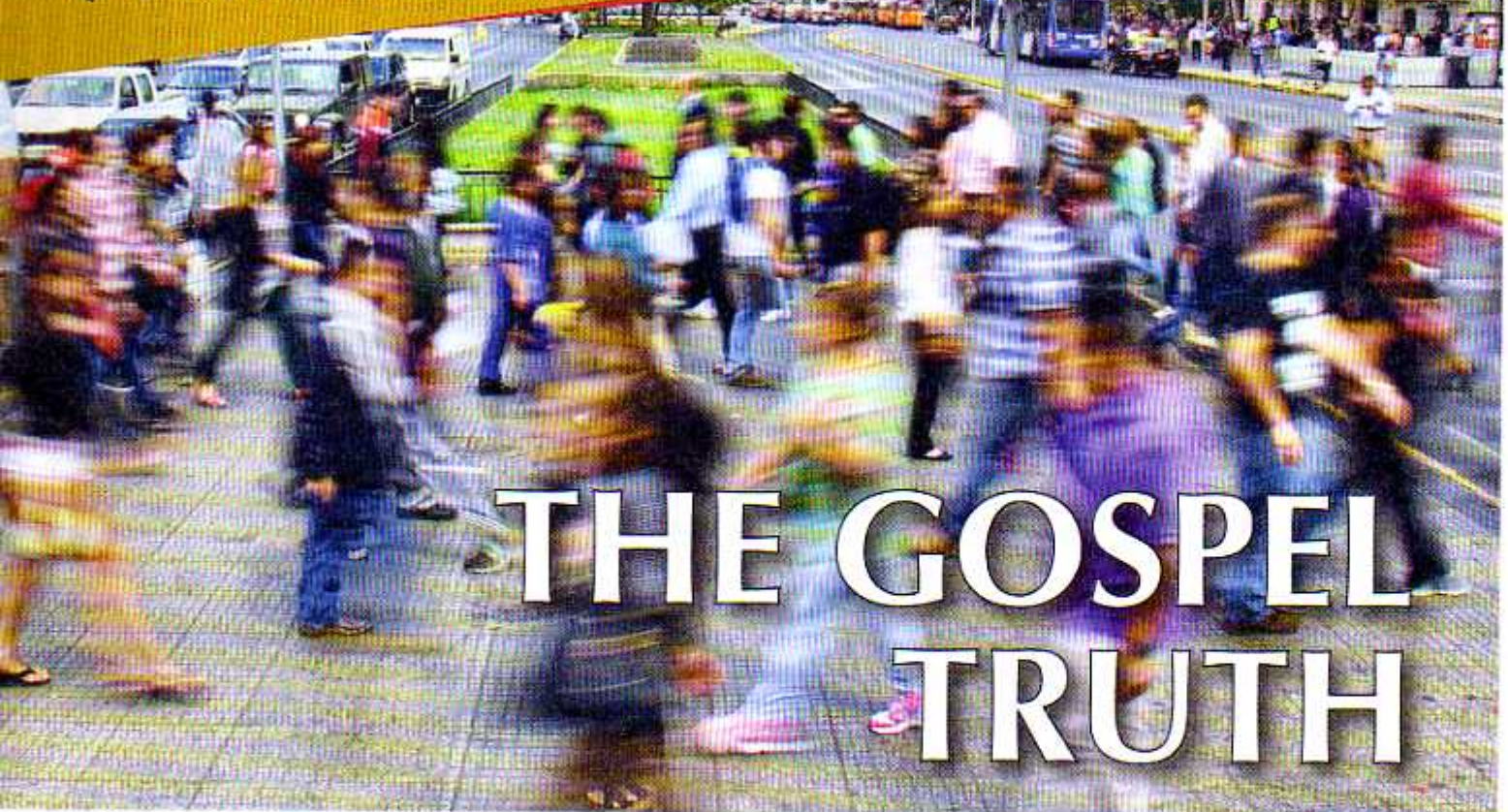
Resources by the Northern Pastoral Network for Advent and Christmas Booklet for use at home available in the Church porch.

Trocaire Urgent Church Collection Trocaire is making an emergency appeal to provide life-saving aid to vulnerable communities in East Africa and DRC, where millions of people are being pushed to the edge of starvation. For more information see www.trocaire.org. For those who did not donate last weekend, donations can be made to Trocaire directly or donations can also be left in the church this weekend (20-21 November) by simply including your donation in an envelope clearly marked Trocaire Appeal.

St Vincent de Paul are selling Christmas cards in the porch after masses on 20/21 and 27/28 November. Packs of ten will be sold on a contribution basis. All takings will be used to help local families & households over the Christmas period."

Advent Meditations with Joseph and Mary. The Living Church office are offering two online programmes following the footsteps of Joseph and Mary as they travel towards Bethlehem. The programme runs for 4 weeks and provides 1 hour of prayer and reflection with scripture and participants will receive an accompanying prayer journal to use each day at home. Advent meditations with Joseph begins on Thursday 25th November at 7pm. Advent meditations with Mary begins on Sunday 28th November at 7pm. If you would like to join please e-mail livingchurch@downandconnor.org indicating which programme you are interested in.

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry McCann PP.



THE GOSPEL TRUTH

Getting back to normal is very much on people's minds. But maybe we need to re-define normal. Perhaps it is about getting parishes to 'do' less and 'be' more; to

re-discover what we are about and who we are; to love the neighbour, stand for what is right and (as in today's gospel) true. It all starts with truth - being true to yourself and to others. A priest friend told me about a 'knight of the road.' He had a warm personality, kept himself well and always carried a small suit case. He told my friend once - 'You see the nature in the eyes before you ever get a touch of the hand'. And it's so true.

WE DO NOT KNOW THE HOUR OR THE DAY

The world will not last for ever, and marriage too will end when one spouse dies. This week, we married people are reminded to reflect on the treasures of love in our life: romance, warmth, tenderness, joyful celebrations, intimate moments and the fruitfulness of our love. Let's celebrate each other, reconcile past hurts and continually praise God for his blessings.

- *Marriage Matters*
www.twainoneflesh.org.uk

Next Sunday's Readings



Jeremiah 33:14-16
Psalm 24:4-5, 8-10, 14
1 Thessalonians 3:12-4:2
Luke 21:25-28, 34-36

You can only share what is within you. Jesus, the first born from the dead, was a citizen of a higher and inner kingdom and reminds us that we are also. It is a call to serve, never to dominate. The Gospel of today has a man used to wielding authority, who understands politics and power versus a man who speaks of spiritual reality and has no interest in Pilate's world. So when Pilate asks, 'Are you the King of the Jews?' the reply of Jesus is basically to enquire is this an honest question or just rehashing rumours flying around. Whenever I hear people say 'someone said' or 'people are saying' I am tempted to ask, what do they themselves believe or wish to say - not the opinions of the anonymous 'other'. It's a very different way of looking at things. Pilate's power seeks to dominate and control, the power of Jesus is to lift up and enable.

'Yes, he is a king' - as he himself put it. But how can this be, unless we are his subjects. Maybe this chafes with us, we didn't 'consent' to this, didn't even choose (forced?) baptism we might say. But belonging means much more than we may think. It's about trying to be allied with the aims of his kingdom. It means walking with him, trying to be in line with the spirit of his teaching, making sure it is evident in our lives.

His power comes, not through domination, but through humble service. As he stands before Pilate in today's Gospel, he explains his mission: 'I have come to bear witness to the truth'. In so far as we, his followers, speak the truth and act the truth, we allow his kingdom to come. ■

- Tom Cox



Reflection

In which ways does Jesus exercise his kingship in your life?



Lesson

Jesus is the beginning and the end, the one who is intertwined with everything we do and think and with every moment of our being.



Prayer

Lord Jesus, help me to accept your rule in every corner of my life. May I have in me the same values and outlook as are in you. Amen.



This Week (22-28 November)

- 22 M** St Cecilia, virgin and martyr
- 23 T** St Columban, abbot and missionary
- 24 W** St Andrew Dung-Lac and companions, martyrs
- 25 T** St Catherine of Alexandria, martyr
- 26 F** St Leonard; Bl. James Alberione, priest
- 27 S** St Fergal, bishop and missionary
- 28 S** **FIRST SUNDAY OF ADVENT**

