

# St. Anthony's Parish, Belfast

Pastoral Area of South & East Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald), 3 Willowfield Crescent, Belfast. BT6 8HP.  
Tel. 028 9045 8158. Mobile 07740603643 (preferred)

Email: [h.mccann@downandconnor.org](mailto:h.mccann@downandconnor.org), [stanthonys@downandconnor.org](mailto:stanthonys@downandconnor.org).

Facebook Page: <https://www.facebook.com/stanthonysbelfast>.

Website: [www.saintanthony.co.uk](http://www.saintanthony.co.uk)

Sunday Morning (in Polish): 9am, & 6:30pm. (English Parish Mass): 11.30am

Weekdays: Mon, Tues & Thurs at 9.30am. Fri at 7pm. (Nov, Dec & Jan at 9:30am)

All English Masses on Facebook. Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am

Confessions: By Arrangement. Baptisms: By Appointment

St Bernadette's SVP Conference. If you require assistance, please telephone SVP Regional Office at 028 90351561.  
donate locally at [svpni.co.uk](http://svpni.co.uk)



## MOST HOLY TRINITY

And behold, I am with you all days until the end of the age. [Matt28:16-20]

In the name of the Father (who gave us his only child),

and of the Son (who gives us himself,

revealing eternal Love for us), and of the Holy Spirit.

(our constant companion now and always):

\*"We can only stand in awe-struck silence  
before such love that is beyond boldest expectation,  
beyond all telling.\* Karl Rahner

Anne Osdieck

### WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Mary O'Hare, Fr Brendan Beagon, Gerry Magennis, Una Crossey (mother of Fr Colin)

Anniversaries: Robert Dunn Snr, Robert Dunn Jnr, Henrique de Larragoiti Garcez, Hugh Crilly, Alan McDonagh

COLLECTIONS: Many thanks for your support. Education of Diocesan Students to the Priesthood £306.28, Weekly £191.31 **Dona DCP\*** £57.

Envelopes/Payments. If you would like a box, please contact Fr McCann in the sacristy and a box can be provided. If your details are incorrect then contact Fr McCann and the details can be updated. You may even think of setting up a Standing Order using forms in the sacristy. And you may also consider filling in a gift aid form. **Dona Digital Collection Plate (DCP\*)** available in the Side Porch with options to contribute to weekly, monthly and diocesan collections. \*For online **Dona** donation see <https://donate.mydona.com/st-anthonys-parish-belfast>. The use of the reader can also tie in with the envelope number for this reason. (THOUGH GIFT AID NEEDS TO BE APPLIED IN THE PROCESS TO LINK WITH ENVELOPE NUMBER)

NB. If you miss an Envelope collection please give at the next attendance. But give only for the Sunday you attend. Do not try to catch up collections, say, with a cheque, as the previous collections have already been accounted. You can catch up by giving by cash in the one envelope of that Sunday.

**Don't Forget: the Saturday Vigil Mass has been cancelled.**

**MASSES UNTIL 5TH JULY: Mon 9:30am, Fri 7pm**

Craft, Chat & Craic, Continues on Wednesdays at 7:30-9pm, in St Vincent de Paul/ John Paul II Room. Donation £2. All welcome.

Living Church Office: Join us on pilgrimage to Knock Shrine Sun 9th June, as we participate in the Down and Connor Diocesan pilgrimage. The price £40 per person includes luxury coach and refreshments. Early booking is advised. To book contact Claire Tel: 028 90690920 Email: [livingchurch@downandconnor.org](mailto:livingchurch@downandconnor.org)

Big Band for a Big Cause - In aid of Marie Curie charity, you're invited to an evening with Dana and the PM Big Band on Friday May 31st at The Theatre at the Mill at 7:45pm. Vocalists Ceara Grehan and David Hamilton will feature in a night of music featuring songs of Sinatra, Glen Miller, Michael Buble, Tom Jones and Amy Winehouse. Tickets £25 from theatre box office 0300 123 7788.

A Biblical Walk Through the Mass – Training session for Parish Leaders. The Mass is nothing short of amazing. The words, the gestures, and the rituals of the Mass are rich in meaning. Everything we say and do in the Liturgy is steeped in biblical language. A Biblical Walk Through the Mass (Edward Sri), explores the roots of the words and gestures we experience at Mass and reflect on their profound significance. The Living Church Office will be holding a training session for parish leaders who would like to deliver this programme in their parish. There is a choice of two sessions to attend: Thursday 30th May 7-9pm (in person) Venue: Living Church Office 120 Cliftonville Road, Belfast or Monday 3rd June 7-9pm online via zoom. To book your place please contact Aishling Steen email: [a.steen@downandconnor.org](mailto:a.steen@downandconnor.org) or telephone 02890690920. We have also provided an online booking link: <https://forms.office.com/e/54ArRs9xbx>

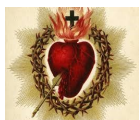
The Pray for Life Novena is an invitation to join thousands of people across Ireland to pray for the protection of human life, from Thursday 23rd May to the Feast of the Visitation on Friday 31st May. Each day's intention is accompanied by a short reflection and suggested actions to help build a culture of life in Ireland. Visit [www.prayforlife.ie](http://www.prayforlife.ie) for the daily novena prayers and to sign up for daily reminders. The prayers will also be posted on [facebook.com/PrayforLifeNovena](https://facebook.com/PrayforLifeNovena)

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry McCann PP.

@PrayforLife\_ie on X and @prayforlifenovena on Instagram. Let us know if you are praying the novena together as a parish, family or other group via [www.prayforlife.ie/#home-events](http://www.prayforlife.ie/#home-events) This is an initiative of the Council for Life of the Irish Catholic Bishops' Conference.

Down and Connor Diocesan Pilgrimage to Fatima 2024, Led by Bishop Alan McGuckian S.J Spiritual Directors Fr G McCloskey, Fr M Graham, Canon S Gilmore 20 Aug 2024. 7 Nights £799 per person sharing direct return flights from Dublin to Lisbon afternoon flights. 20KG bags included. Return airport transfers in Fatima. 7 Nights Hotel Avenida. Full board: breakfast, lunch & dinner. For further information please contact: Joe Catney 07776 425 631/02890714001.

All Ireland Rosary Rally - Knock - Saturday, June 1st. Join thousands of people from around Ireland and beyond for the All Ireland Rosary Rally on June 1st. The day begins at 9.30am with a Conference in St. John's Centre. Speakers include Fr Brendan Kilcoyne, Fr Joseph Mary Deane CFR, and Sr Ana Margarita Lanzas SCTJM. Then there is a chance to meet over 20 apostolates from around Ireland in St John Centre from 11.30am. The keynote speaker, Mother Adela Galindo, is coming from Miami, Florida, and she will speak in the Basilica at 1pm. The Stations of the Cross will be outside from 2pm, followed by the Rosary procession. Mass will commence at 3pm in the Basilica and will include the anointing of the sick. Bishop Phonsie Cullinan will be the Main Celebrant. Dana will join the choir to sing. There will also be rosary and scapular making workshops in the marquee. Over 50 buses are going from around Ireland. See [www.allirelandrosaryrally.com](http://www.allirelandrosaryrally.com) for more details.



### Diocesan Novena to The Sacred Heart: Renew Our Hearts, May 30th - June 7th Feast of the Sacred Heart.

Bishop Alan McGuckian would love everyone in the Diocese to join him in nine days of prayer, asking Jesus to give us a new heart. Many people among us are weary or wounded,

hurting in one way or another. He wants us to make a Novena for each other, aware that we are brothers and sisters in Christ. Novena Prayers will be available in a booklet at Mass or online at <https://www.downandconnor.org/wp-content/uploads/2024/05/Sacred-Heart-Novena-Booklet-Final.pdf>; it will also include a piece of scripture and a reflection for each day for those who wish to go a little deeper. Bishop Alan's hope is that this Novena will be prayed either individually or together by parishes, groups, schools or families. Even young children can join in with the short prayers!

Annual Diocesan Pilgrimage to St Patrick's Mountain, Saul (Saul Sunday) on 2nd June. Bishop Alan McGuckian will celebrate Mass on the mountain at 3pm. Everyone welcome.

QUB Chaplaincy choir Canticle in Summer Concert, Sun 2nd June at 7pm, in Fitzroy Presbyterian Church, featuring performances from traditional musicians, string quartet, and celebrated soprano Eilis Fox. Tickets £10 via Fixr: <https://fixr.co/event/canticle-summer-concert-tickets-82467491>.

The Catholic Chaplaincy at Queen's Pilgrimage to Rome and Assisi in September 2025 to mark the Jubilee Year. (More on the tradition of Jubilee and what is planned for pilgrims in 2025 can be accessed here.) We are inviting alumni and friends\* to register their interest by emailing [catholicchaplaincy@qub.ac.uk](mailto:catholicchaplaincy@qub.ac.uk) We will be in touch with you soon to share details once we have finalised dates, itinerary and costs. We hope that you can join us on what promises to be a once-in-a-lifetime journey of faith and friendship.

### First Holy Communion.

Lough View Integrated Primary & Nursery school. Congratulations to the children who received First Holy Communion on Sat 11th May.

Polish Community children will receive First Holy Communion on Sunday 26th May at 9am.

Harding Memorial Integrated Primary School children will receive First Holy Communion on Sat 1st June at 1pm. Please keep these children in your prayers.

### Prayer to the Holy Trinity

Glory be to the Father, Who by His almighty power and love created me,  
making me in the image and likeness of God.

Glory be to the Son, Who by His Precious Blood delivered me from hell, and opened for me the gates of heaven.

Glory be to the Holy Spirit, Who has sanctified me in the sacrament of Baptism,  
and continues to sanctify me by the graces I receive daily from His bounty.

Glory be to the Three adorable Persons of the Holy Trinity, now and forever.  
Amen.