

# Parish Newsletter

THE MOST HOLY TRINITY | 27 May 2018  
Cycle B | Issue 26



## RESTLESS HEARTS

**M**oses is one in a long line of Jewish leaders to issue a call to be faithful to God, “The Lord is God indeed, in heaven above as on earth beneath, he and no other.” The history of the Israelites shows that they vacillated between fidelity to God and worshipping false gods. That history is repeated in every age and in the lives of most of us. There are times

when we look to God as the source of our happiness, and other times when we seek happiness elsewhere. When a woman wrote to St Augustine to ask his advice on prayer he wrote, “Pray for a happy life. This is what everyone wishes to have”.

His lengthy letter spells out how we can arrive at that happiness. The

### Today's Readings



Deuteronomy 4:32-34,39-40  
Psalm 32:4-6,9,18-20,22  
Romans 8:14-17  
Matthew 28:16-20

### Next Sunday's Readings



Exodus 24:3-8  
Psalm 115:12-13,15-18  
Hebrews 9:11-15  
Mark 14:12-16,22-26

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bottom line is summed up in one of his most famous quotations: "You have made us for yourself, O Lord, and our hearts are restless until they rest in you". Speaking from his own experience he knew that people often look elsewhere for happiness. In his early life he had experimented with pagan religions, pursued fame and success in a secular career, cultivated popularity and enjoyed sexuality without commitment. Yet inside himself he was dissatisfied.

Later he would say that while the good things of this world give us pleasure they do not give ultimate happiness: 'These things [material goods] are for necessity's use, not for love's affection; let them be as a wayside inn, not your destination. Refresh yourself and pass on.'

Many know from experience the truth of what Augustine says about the transitory

nature of material satisfactions. Yet we do not always come to the conclusion that a relationship with God is the answer. Often we go in search of different material satisfactions with similar results. Augustine's advice was to stop looking outside and look instead into your own heart, a very modern piece of advice. Mindfulness may appear to some as the latest craze, but fifteen hundred years ago Augustine was telling people: "First, return to your heart. You have become a stranger to yourself. You do not know yourself. Come back to your heart. There you will find God because you are formed in God's likeness." One of his prayers for himself was, "Lord, help me to know myself; help me to know you".

Moments of quiet can be great teachers. We allow what is deep within our hearts to come to the surface. We allow the Spirit of God to remind us that we are children of God, moving us to cry to God "Abba, Father". ■

– John (Peter) Byrne



## Reflection

What practices have you found helpful to put you in touch with your own inner experiences?



## Lesson

"Know that I am with you always; yes, until the end of time" (Mt. 28:20).



## Prayer

May your love be upon us,  
O Lord, as we place all our  
hope in you.



## This Week (28 May–3 June)

- 28 **Mon** St Germanus of Paris
- 29 **Tue** St Raymund and companions
- 30 **Wed** St Joan of Arc, virgin
- 31 **Thur** The Visitation of the Blessed Virgin Mary
- 1 **Fri** St Justin, martyr
- 2 **Sat** Ss Marcellinus and Peter, martyrs
- 3 **Sun** THE MOST HOLY BODY AND BLOOD OF CHRIST





# St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)

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**MASS TIMES & SERVICES (UNLESS OTHERWISE STATED)**

Saturday Evening at 6.30pm. (English Parish Mass)

Sunday Morning (in Polish): 9.30am, 1pm & 7pm. (English Parish Mass): 11.30am

Weekdays: Monday, Tuesday & Thursday at 9.30am. Friday at 7.00pm.

Wednesday: Communion Service discontinued until further notice (Day off)

Holy Days of Obligation: Vigil Mass at 7.00pm & Morning of Feast Day 09.30am

Confessions: Before each Mass and By Arrangement.

God eternal.  
Three  
in one



## FEAST OF THE MOST HOLY TRINITY

### SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Matthew 28:16-20

1. It is time for Jesus to return to his Father. He meets his disciples for the last time. His final words give them direction for their future. Perhaps you can recall such parting moments in your own life – leaving home, school, college, training, the death of a loved one. What was that like for you? Were there words spoken then that gave you direction for your future?

2. Perhaps you can identify with Jesus in the story, when as a parent, teacher, or in some other way you sent someone on his or her way in life, knowing you would not be with them as in the past. When did the way in which you parted help the other to make his or her own way in life?

3. On parting from his disciples, Jesus gave them a mission for the future. Where, when and how did you get a sense of the meaning and purpose of your own life? How does that sustain you now? Is there any way in which that purpose ties in with the mission given to the eleven to spread the good news?

4. Jesus promised to be with his disciples until the end of time. It is a promise he would fulfil through the gift of the Holy Spirit. That promise is also given to us. What helps you to be aware of the presence of the Holy Spirit with you on life's journey?

John Byrne OSA. Email jpbyrneosa@gmail.com

## WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Veronica Black, Margaret Gwynne, Fr Harry Carlin  
Anniversaries: Emily Shields, Hugh Crilly, Margaret Murray (1st Anniv. Sat 26th May at 6:30pm), Raymond Matthews (Sun 27th May at 11:30am), Elizabeth & Paul Spiers (Sat 2nd June at 6:30pm), Michael Matthews (Sun 3rd June at 11:30am), Isobel & Thomas McGiffin (Mon 4th June at 9:30am), Patricia McDonnell Nwoga.

## READERS AND EUCHARISTIC MINISTERS

Sun 27th May

READERS:

Vigil Mass: Ann Flanagan & Shauna Mullen  
Morning Mass: Loretta Watson & Eileen Dunn

EUCCHARISTIC MINISTERS:

Vigil Mass: Frank Doherty  
Morning Mass: Séamus Monaghan

Sun 3rd June

READERS:

Vigil Mass: Maria Murphy & Phyllis McGrillen  
Morning Mass: Tracey Mallon & Margaret Woods

EUCCHARISTIC MINISTERS:

Vigil Mass: Sean Rafferty  
Morning Mass: Louis Corsecadden

COLLECTIONS: Many thanks for your contribution to last week's collections: Weekly Collection £868.76, Education of Diocesan Students to the Priesthood £17.50, Monthly Stipend £20, Shrines £76.47.

Please consider signing a Gift Aid form so that the parish can claim back the Tax from the HMRC on your contributions. Your own Tax is not affected. New boxes of envelopes are available in sacristy. If you would like a box please speak to Fr McCann.

St Anthony's 80th Anniversary: This year we celebrate 80 years since the first mass was celebrated in St Anthony's Church. The first meeting looked at various aspects of the celebration. Many thanks to all who attended. An update to the 50th Anniversary Booklet is being sought. If you have any photographs/personal stories of your time in St Anthony's, contact Fr McCann. The cut off time for contributions is end of May/June. Your photographs/personal stories will be included with your permission. Information Sheets with envelopes are available in the sacristy. Please stay tuned for other initiatives for the 80th Anniversary celebrations. Next meeting: Tues 19th June 2018 at 7:30pm in Pope John Paull II Room/SVP Room behind the church.

World Meeting of Families – Tickets and Registration. *An NEW updated information sheet* as to the process of registration for the World Meeting of Families is available in the Church porch. It includes details as to ticket allocations for the Congress in the RDS, the Festival of Families (Sat 25th Aug in Croke Park), and the Papal Mass (Sun 26th Aug in Phoenix Park). 1. Anyone who registers for one day of the Pastoral Congress in the RDS will be guaranteed a ticket for the Final Mass in Phoenix Park. 2. Anyone who registers ONLY for the Festival of Families (Saturday 25th August) or the Final Mass (Sunday 26th August), will receive a ticket subject to availability. 3. Following discussions with Dublin City Council, the Garda, and Security forces, coaches will not be allowed to drive up to the gates of Phoenix Park for the Final Mass. This means that those travelling to the Final Mass by coach will have to walk 2 or 3 km to the Park. There will be no seating at the Mass. However some portable seats may be allowed into the Park. This has yet to be confirmed by the National WMOF Team. Only people attending the Festival of Families in Croke Park on Saturday 25 August will have to present photo ID. People going to the Final Mass on Sunday 26 August in Phoenix Park will not be asked to present photo ID. Tickets will be issued online in due course to those who have registered. 4. People who have a disability will be transported via a shuttle service from their coach on arrival to their designated enclosure in Phoenix Park. After the Mass, they will be transported back to their coach. More information is found on the Update Sheet. — The parishes of our Pastoral Community (South Belfast), will provide a number of coaches to transport those interested in going to the Papal Mass (Sunday 26th August), Phoenix Park, Dublin. There will be enough coaches for those who are interested, at a price of £20. You will be kept in contact as to when tickets are made available. To assist with the booking of coaches, please give your name and contact information (email) on the sheet provided at the porch door ASAP.

South and East Belfast Pastoral Area Family Fun Day, Carryduff Parish on Sat 16th June from 10am Mass until 4pm. Admission free. Among events (subject to weather), include Petting Farm, Climbing Wall, Assault Course, Bouncy Castles, Food stalls, face painting, Disco and Fire Engine from 2-4pm. A minimum of 5 volunteers from each parish is required. If you can help on behalf of St Anthony's Parish, please give names to Fr McCann 07740603643 ASAP.

Marion Jordan Concert. To promote her new album, "The Prayer", in Saint Malachy's Church, Alfred Street Belfast, on Friday, 1 June 2018 @ 7.30pm. Special guests include Arco String Quartet and Karl McGuckin. Ticket price £12, available online from www.marionjordan.com. Signed copies of the CD available post-concert.

Living Church Down & Connor Lough Derg Pilgrimage. The sixth Living Church Lough Derg 3 day Pilgrimage will take place this year from Friday 29th June to Sunday 1st July 2018. Cost is £65. Two departure points Belfast and Ballycastle. For details and to book a place please call the Living Church Office on 02890690920 or email livingchurch@downandconnor.org by Friday 15th June. Registration forms on request from Living Church Office or your Parish Office.

Clonard Solemn Novena to Our Lady of Perpetual Help, Belfast: 13th – 21st June 2018. We invite applications to volunteer as Eucharistic Ministers, stewards, car park attendants, & church cleaners. Volunteer application forms are available from Clonard reception. Tel 02890 445950 or email reception@clonard.com. Applications need to be returned by no later than 1 June to allow for processing. See poster in porch.

Capella Caeciliana – Love Divine. Holy Family Parish welcomes the wonderful and inspiring music of Capella Caeciliana to St Thérèse Church, Somerton Road on Saturday 02nd June at 8pm. Tickets £10 (under 25s free) at Holy Family Parish Office (90743119), from Matchetts, Wellington Place or at www.caeciliana.org.

Diocesan Annual Pilgrimage to Knock: The Down and Connor Annual Pilgrimage to Knock, led by Bishop Treanor, will take place on Sunday 10th June 2018. We encourage Parishioners who usually visit Knock annually as a family or individuals to consider making their visit on this day. Due to the World Meeting of Families many Parishes who usually organize a Parish trip to Knock for the Diocesan Pilgrimage are focusing their energies and resources on Parish trips to WMOF and the Papal Visit. Why not join us. Contact Fr Cushman 9049 1990.

Corpus Christi Procession: The Falls Pastoral Community warmly welcomes all parishioners to join them for the Corpus Christi Procession from St Dominic's to St Peter's Cathedral. The Procession will take place on Sunday 3rd June, beginning at 3pm. First Communicants (in their dresses and suits) and the P7 Confirmandi (in school uniform), with their families, are especially welcome to take part.

Book Launch: "The Bishops of Down and Connor Revisited", by Jim O'Hagan. Venue – Dorian Room, St Malachy's College, 36 Antrim Road, Belfast, BT15 2AE, Thursday, 14th June 2018 at 7.30 pm. Light refreshments provided. You are welcome. See poster in porch.

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry PP.