

Parish Newsletter

THIRTEENTH SUNDAY IN ORDINARY TIME | 2 JULY 2017
Year A | Issue 32



NO SMALL GESTURES

A Gospel that speaks of division in family and the challenge to put God first in everything as well as a paradox – that in losing you find – makes for challenging reading. It all seems so enormous, so daunting and we are so shy. As Churches we can feel a little deficient and defensive about it all. We're not meeting the gold standard.

It's then that I thought about the "cup of cold water". I get it that in a hot

climate, lukewarm water may not hydrate as well as cool water. However, I found it interesting that we are talking about a cup of water, rather than a jug or barrel of water. So, yes, the general task is huge – to welcome everyone into the community of Christ, but it can be broken down into smaller, simpler tasks. In a way, to offer a cup or mug of water rather than a jug. One to one, rather than one to all.

We live in a society where burnout

Today's Readings



2 Kings 4:8-11, 14-16
Psalm 88:2-3, 16-19
Romans 6:3-4, 8-11
Matthew 10:37-42

Next Sunday's Readings



Zechariah 9:9-10
Psalm 144:1-2, 8-11, 13-14
Romans 8:9, 11-13
Matthew 11:25-30



happens all around. A little like the pre-flight instructions where parents travelling with young children are advised in case

of emergency to attend to their own oxygen mask and then their child's: we need to give a mug not a jug of water. The giver needs to have a supply of more water. We all think that more is better but sometimes it is possible that just giving one cup at a time is exactly what Christ is calling for.

Take Mother Teresa in her book *Words to Love By* when she remarked, "I never look at the masses as my responsibility. I look at the individual. I can love only one person at a time... I picked one

person; if I didn't put that one drop in, the ocean would be one drop less."

There's a bit of a tension in all this Cup vs Jug approach as the Gospel seems to encourage giving recklessly. But the funny thing is that ultimately there is no loss "Anyone who loses his life for my sake will find it". We're being told to measure our lives by losses rather than gains, by what we do for one another rather than by self-preservation. I'm still trying to figure it out!

*We lose what on ourselves we spend;
We have as treasure without end
Whatever, Lord, to You we lend,
Who givest all.* – Wordsworth

– Tom Cox

Reflection

Reflect how the Gospel of God can become the central love of one's life.

Lesson

Committed disciples must be ready for the Cross and to lose even their lives for Jesus.

Prayer

Lord, you are peace to the mind and contentment to the heart. Amen.



Pope's Prayer Intensions for July

Evangelisation:
Lapsed Christians

That our brothers and sisters who have strayed from the faith, through our prayer and witness to the Gospel, may rediscover the merciful closeness of the Lord and the beauty of the Christian life.

This Week (3–9 July)

- 3 Mon** ST THOMAS, APOSTLE
- 4 Tue** St Elizabeth of Portugal
- 5 Wed** St Anthony Zaccaria, priest
- 6 Thur** St Maria Goretti, virgin and martyr
- 7 Fri** St Ethelburga; St Maelruain of Tallaght
- 8 Sat** St Kilian, bishop; St Withburga, virgin
- 9 Sun** FOURTEENTH SUNDAY IN ORDINARY TIME





St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)
3 Willowfield Crescent, BT6 8HP. Tel. 028 90458158. Mobile 07740603643.

Email: h.mccann@downandconnor.org, stanthonys@downandconnor.org,
henrymccann@hotmail.com, Website: www.saintanthony.co.uk

MASS TIMES & SERVICES

(UNLESS OTHERWISE STATED)

Saturday Evening at 6.30pm. (English Parish Mass)

Sunday Morning (in Polish): 9.30am, 1pm & 7pm. (English Parish Mass): 11.30am

Weekdays: Monday, Tuesday & Thursday at 9.30am. Friday at 7.00pm.

Wednesday: Communion Service discontinued until further notice (Day off)

Holy Days of Obligation: Vigil Mass at 7.00pm & Morning of Feast Day 09.30am

Confessions: Before each Mass and By Arrangement. Baptisms: Saturdays at 4pm (3 weeks notice required)



13th SUNDAY OF ORDINARY TIME

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Matthew 10:37-42

1. Jesus never wanted suffering for anyone but he knew that if anyone was going to follow in his footsteps promoting love and respect for every person, they would meet with opposition. Fidelity has its price, but also rewards. Would you agree?
2. The passage is a call to both radical and practical discipleship. When have you found that in order to achieve a certain objective you had to make it a priority, and then take the practical steps necessary to reach your goal? What were the benefits to you when you did this?
3. 'Hate' is prophetic exaggeration for the uncompromising loyalty Jesus seeks in disciples. There may be times when people make demands in conflict with fidelity to another relationship. This can be painful. When have you found that being clear about your priorities helped you in that situation?

John Byrne OSA. Email jpbyrneosa@gmail.com

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Margaret Murray (Month's Mind Sat 1st July at 6:30pm)

Anniversaries: Elizabeth & Paul Spiers, James Phoenix, Maureen Lavery, Peggy Mackin, Mark & George Workman, Stuart Wright, Frank McPhillips, Charlotte & Michael Hopkins (Sun 2nd July at 11:30am)

READERS AND EUCHARISTIC MINISTERS

Sun 2nd July

READERS:

Vigil Mass: Maria Murphy & Phyllis McGrillen
Morning Mass: Tracey Mallon & Margaret Woods

EUCHARISTIC MINISTERS:

Vigil Mass: Sean Rafferty
Morning Mass: Louis Corcadden

Sun 9th July

READERS:

Vigil Mass: Eamon Blaney & Carmel Blaney
Morning Mass: Martina McClory & Kathryn Curran

EUCHARISTIC MINISTERS:

Vigil Mass: Ann Wright
Morning Mass: Margaret Sheppard

COLLECTIONS: Many thanks for your contribution to last week's collections: Weekly €618.01, Peter's Pence £11.20, Monthly Stipend £5, Shrines £84.82. **NEW BOXES OF ENVELOPES ARE NOW AVAILABLE.** If your details have changed, or if you would like to register for a box, please give your details to Fr McCann as soon as possible. Please consider signing a Gift Aid form so that the parish can claim back the Tax from the HMRC on your contributions. Your own Tax is not affected.

The Redemptorists would like to thank the parish of St Anthony's for the hospitality shown Fr Horgan CSsR, and for their to promoting their missionary work by raising £356 at the collection when Fr Horgan was here. They will continue to keep us in their prayers.

The World Meeting of Families 2018. The launch of a special year of preparation for the World Meeting of Families will take place in Knock, Co. Mayo, on Monday 21 August. Each diocese in Ireland has been asked to nominate one family to take part in the entrance procession of a Mass that will begin at 3pm in the Basilica. If you wish to have the opportunity to represent our Diocese, please contact the parish priest/administrator before 8th July. Your family name and address will be forwarded to the Diocesan Office. During the Diocesan Pilgrimage to Lourdes (10th - 17th July), all the family names that have been sent in will be placed in a hat. At a gathering of the pilgrims, one of them will then be asked to draw out the name of a family who will represent the Diocese in Knock. The family will be contacted as soon as possible. All the families of the Diocese are

invited to attend this special day of family activities in Knock. More details will follow in due course. (Fr Michael McGinnity, Diocesan Rep.).
Pastoral Community Forum. As part of the development of pastoral communities within the diocese, each pastoral area is asked to find one volunteer who would work with the parish priest to represent the parish on a Pastoral Community Forum. As yet no one has come forward. If you would like to take part in the South and East Belfast Pastoral Community Forum, please give your name to Fr McCann as soon as possible.

Diploma in Pastoral Theology at Drumalis. Drumalis invites applications for the next intake of the Diploma in Pastoral Theology, validated by St. Patrick's Pontifical College, Maynooth. This intensive, two-year course is delivered over twelve days per year. Course fees are subsidised by the Friends of Drumalis. Please bring this to the attention of parishioners who might benefit from it and who might share those benefits with their parishes. Further information is available on the Drumalis website or by emailing maura@drumalis.co.uk

Course of Training for Old and New Ministers of the Word. The Bishop has asked that the importance and role of Ministry of the Word be enhanced and highlighted as an important calling of the faithful to participate in the life of the Church. There will be an information meeting on Monday 11th September, 7pm, at St Malachy's Parish Centre. It will provide an opportunity for Ministers of the Word to find out more about the programme and have their questions or concerns addressed. Parishioners who are interested in training to become Ministers of the Word are also welcome to attend this formation programme, but existing members are highly recommended to attend. It would be helpful for planning purposes to have some idea of the likely number of participants before the end of August. However, I do appreciate that some people might only be recruited at or after the information meeting. The cost of running the entire programme will be £40 per person, paid by each parish. This programme (10 sessions), will take place on Monday evenings, 7-9.30pm, (including 30minutes break). The dates for 2017 are as follows:- 25th September, 9th, 23rd, October, 6th, 20th November. The dates for 2018 for the continuation of the course are as follows: - 12th, 26th February, 12th March 9th, 23rd April. Please keep these dates in your diary.

Dromantine Summer Camp 2017! 5 nights' accommodation, 6 days of fun filled activities and 3 meals a day for only £150! Fun! Faith! Friendship! The Camp, 47 years running, welcomes Boys and Girls aged 11 - 17. Visit web site for further information about the Camp and available spaces remaining summercamp.dromantineconference.com or telephone 028 30821224. Boys Camp - Week 1 : Sunday 16th July - Friday 21st July. Girls Camp - Week 3 : Sunday 13th - Friday 18th August.

Pilgrimage from Belfast to Rome and Montecassino, celebrating 25th anniversary of Aquinas School, Belfast, Oct 27-31. Angelus with Pope Francis. For details phone Kieran or Laura on 00353 579355050.

Jobs in Clonard Monastery. Post: Youth Ministry Worker. Essential qualifications: A degree in Theology or Youth Ministry with experience of working with young people and the ability to relate well to them. The post holder will work as a key member of the Youth Ministry team at Clonard and will be involved in the development, delivery and organisation of school retreats and other interventions with young people. Application forms and job description available to download online www.clonard.com/job-opportunities or from Clonard Monastery Reception - 028 90445950 / reception@clonard.com. Closing date for completed applications: Wednesday 12th July 2017: Interviews to be scheduled for 20th and 21st July 2017.

Post: Pastoral Outreach Worker. Essential qualifications: An appropriate qualification in Theology or related area, with a good general familiarity with Scripture and Catholic Social Teaching. This role exists to provide support to the team of Redemptorists involved in the planning and delivery of Parish Missions and to work in collaboration with the Church Ministry teams in the development of services for those who attend Clonard. Application forms and job description available to download online www.clonard.com/job-opportunities or from Clonard Monastery Reception - 028 90445950 / reception@clonard.com. Closing date for completed applications: Friday 18th August 2017: Interviews to be scheduled for 28th and 29th August 2017.

Post: Redemptorist Lay Missioner - occasional. Essential qualifications: An appropriate qualification in Theology or related area, with a good general familiarity with Scripture and Catholic Social Teaching. To support of the development of Parish Missions through participation in mission weeks in collaboration with Redemptorists and lay co-workers. Successful candidates will commit to at least 2/3 weeks per year during the mission season. Application forms and job description available to download online www.clonard.com/job-opportunities or from Clonard Monastery Reception - 028 90445950 / reception@clonard.com. Closing date for completed applications: Friday 18th August 2017: Interviews to be scheduled for 28th and 29th August 2017. See Poster for all these posts in the Porch.

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry PP.