

Parish Newsletter

15th SUNDAY IN ORDINARY TIME | 15 July 2018
Cycle B | Issue 33

SUFFICIENT FOR THE JOURNEY

MOST of us are creatures of habit. We establish a routine for good or bad. Late night cuppa, maybe even later to bed, put out clothes, prepare school lunches, a walk, a cycle, a run, a shower. Check for emails and messages, head out to the car, check at door for keys, wonder "Is it bin day?", appliances on/off, phone charged, windows closed – and 'crikey, I forgot to feed the cat'.

There are a myriad of simple, ordinary chores that we undertake, but it's striking how tied we are to tasks which are really about our clothing and appearance, our possessions and our property, our money and our "things" in general. It does seem that our possessions really possess or "own" us.

So the detail in Jesus's instruction is striking – no food, no backpack, no money, no spare clothes or footwear –

Today's Readings



Amos 7:12-15
Psalm 84:9-14
Ephesians 1:3-14
Mark 6:7-13

Next Sunday's Readings



Jeremiah 23:1-6
Psalm 22:1-6
Ephesians 2:13-18
Mark 6:30-34

and this was for a long journey. They're actually being called to a radical dependence on God and on God's providing for whatever they might need along the way. Somebody once said that the minimum is a great teacher ... and it's true. I have often admired the modern seminarian who invariably is leaving behind several years of work to begin studies for the priesthood. It was so much easier for us at age 18. We didn't have much to let go of – while they actually do.

Be it much or little, we are asked to let go of what we have so that nothing will distract from the appointed task. We have a lot to learn in this regard. In recent weather alerts, we showed our ability to help one another and also to hoard basic supplies like there was no tomorrow. The humble sliced pan

Reflection

Consider what power Jesus shares with the twelve. Try to enter into something of their feelings as they set out.

Lesson

Like the disciples, we are called to share in the exorcising and healing ministry of Jesus.

Prayer

Lord Jesus, send us out with your authority that we may preach repentance, overcome evil, and offer your healing hand to those who are sick.

achieved semi-divine status.

Could we envisage a day, or even a few hours, without our favourite possession? It's holiday time and some are heading off. Luggage allowances are not targets, they're limits. Can we do with less? After all, whatever about our possessions, we are, as St Paul put it in the second reading, God's possessions – called to be spotless and to live through love. But can we come to know and believe any of this in any real way when our lives and days are so cluttered with what we possess and are so dependent and attached to them? Jesus has just experienced rejection in his own hometown of Nazareth. To prepare the disciples, Jesus carefully spells out what they are to do when they experience their own rejection. Shake it off. Don't let the dust of resentment, bitterness, or blame cling to you but move onwards. Travelling lighter means journeying further.

– Tom Cox

This Week (16-22 July)

- 16 **Mon** Our Lady of Mount Carmel
- 17 **Tue** St Clement of Ochrid and companions
- 18 **Wed** St Frederick, bishop
- 19 **Thur** St Macrina the Younger, religious
- 20 **Fri** St Apollinaris, bishop and martyr
- 21 **Sat** St Lawrence of Brindisi, priest
- 22 **Sun** SIXTEENTH SUNDAY IN ORDINARY TIME



The Parish of St Anthony's is part of the Diocese of Down and Connor and operates in accordance with the Diocesan Privacy Notice, copies of which are available in porch.



St. Anthony's Parish, Belfast

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MASS TIMES & SERVICES (UNLESS OTHERWISE STATED)

Saturday Evening at 6.30pm. (English Parish Mass)
Sunday Morning (in Polish): 9.30am, 1pm & 7pm. (English Parish Mass): 11.30am
Weekdays: Monday, Tuesday & Thursday at 9.30am. Friday at 7.00pm.
Wednesday: Communion Service discontinued until further notice (Day off)
Holy Days of Obligation: Vigil Mass at 7.00pm & Morning of Feast Day 09.30am
Confessions: Before each Mass and By Arrangement.
Baptisms: Saturdays at 4pm (3 weeks notice required)



15th Sunday of Ordinary Time—Year B

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Mark6:7-13

1. Jesus gave the disciples a share in his mission by sending them out ahead of him. It was a gesture of trust and confidence on his part, even though they did not fully understand his mission. Have you ever been surprised by the trust shown in you by others to speak or act on their behalf?
2. Jesus sent the disciples out two by two. Perhaps your experience gives you examples of the value of having another with you when engaged in an important task.
3. The apparently strange instructions given by Jesus were intended to counteract practices by bogus preachers who used preaching as a mask for money-making. The disciples of Jesus focus on the mission and not on their own comforts. Is it your experience that vested interests can impede a task, whereas having the right motives makes your mission more effective?
4. The task of the disciples was to call people to repent (metanoia meaning conversion, changing the way we look at God and at other people). Who have been the disciples, the people in your life who have called you to be more trusting in God? To whom have you given this call?

John Byrne OSA. Email jphyneosa@gmail.com

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: James McGrillen
Anniversaries: Rose McPhillips & Francis McPhillips, Michael & Charlotte Hopkins, Peggy Mackin, Stuart Wright, Jean O'Connor (Tues 17th July at 9:30am), Letty Murray (Fri 27th July at 7pm)

READERS AND EUCHARISTIC MINISTERS

Sun 15th July

READERS:

Vigil Mass: Anthony Clifford & Shauna Mullen
Morning Mass: Margaret Sheppard & Kay Dunn

EUCHARISTIC MINISTERS:

Vigil Mass: Stephen Murphy
Morning Mass: James Henderson

Sun 22nd July

READERS:

Vigil Mass: Eamon Blaney & Carmel Blaney
Morning Mass: Martina McClory & Eileen Dunn

EUCHARISTIC MINISTERS:

Vigil Mass: Frank Doherty
Morning Mass: Séamus Monaghan

COLLECTIONS: Many thanks for your contribution to last week's collections: Weekly Collection £478.38, Monthly Súpend £82.50, World Meeting of Families Collection £5, Peters Pence £7, Shrines £71.02. Please consider signing a Gift Aid form so that the parish can claim back the Tax from the HMRC on your contributions. Your own Tax is not affected. New boxes of envelopes are available in sacristy. If you would like a box please speak to Fr McCann.

St Anthony's Parish Pastoral Council. The new Parish Pastoral Plan to be launched this weekend in English and Polish. A copy of the Plan is available in the church porch. The Parish Pastoral Council committee will be officially installed later in the Summer/Autumn. Next meeting Wed 25th July at 7pm.

St Anthony's 80th Anniversary: This year we celebrate 80 years since the first mass was celebrated in St Anthony's Church. The first meeting looked at various aspects of the celebration. Many thanks to all who attended. An update to the 50th Anniversary Booklet is being sought, and other preparations are in progress. Next meeting: Monday 6th August 2018 at 7:30pm in Pope John Paul II Room/SVP Room behind the church.

World Meeting of Families – Tickets and Registration. ALL TICKETS HAVE BEEN ALLOCATED! — Those who have signed up to be transported to the Papal Mass in Phoenix Park from the South & East Belfast Pastoral Area, have been registered and will have tickets sent to them by email to be printed off and brought with them. Parishioners of St Anthony's will be transported from St Malachy's Church, Alfred Street on the Sunday (departure time to be confirmed). An email reminder will be sent closer to the time. Anyone else interested can make their own way but will need to register on the website with name, address, mobile number and email.

One-Day Volunteer Roles at the Papal Mass - Phoenix Park on Sunday August 26th. With just five weeks to go to the World Meeting of Families 2018 in Dublin from 21 – 26 August, we are opening up a new opportunity for those who have availability to volunteer for one day for WMOF2018. We are asking for **Volunteer Papal Mass Stewards** and **Holy Communion Team** volunteers for the Closing Mass of WMOF2018 which will take place in the Phoenix Park on Sunday 26th August. To volunteer as a Papal Mass Steward, you will need to undergo one training session followed by venue-specific training closer to the day. You will not need vetting and you will need to make your own transport arrangements. As a Holy Communion Team volunteer you will need to be already trained and functioning ministers of Holy Communion in your own parish, steady on your feet, garda vetted and need to be in the Phoenix Park by 10:30am on Sunday 26th August, transport again under your own arrangements. For more information and registration please visit www.worldmeeting2018.ie/en/Get-Involved/Volunteer/Volunteer-for-One-Day

World Meeting of families - Festival of Families in Croke Park, Saturday 25th August UPDATE. As part of the World Meeting of Families, Pope Francis will meet couples preparing for marriage or who have celebrated the sacrament of Marriage (within the last twelve months), at an event, in the Pro-Cathedral, Dublin at 3.30pm on Saturday 25th August.

If any such couples in our parish wish to attend this event, they are asked to contact the Diocesan Office (Tel. 02890776185), by noon on Monday 16th July. As places are very limited, the first 24 names received will be nominated by the Diocesan Office. The couples selected by the National Team to attend the event will be contacted directly by the National Office.

Calling all Married Couples! For Married couples of all ages, an invitation to take time out to renew your relationship with a weekend presented by Catholic Marriage Encounter in Ireland; 5th-7th October 2018 in Dromantine Conference Centre, Newry. Information and booking +353 86 8541945/www.marriageencounter.ie

Rite of Christian Initiation of Adults. A journey of faith exploration and development, it culminates in the reception of the catechumens/candidates into the catholic community at Pentecost, if after their exploration and enquiry into the catholic faith the Holy Spirit inspires them to do so. The RCIA begins at St. Mary's, Chapel Lane on Thursday 18th October 2018. Please contact Anne McCrossan ASAP to arrange a meeting and register. Tel: 02890 320482 or Email Fr Brian McCann: stfukes@downandconnor.org; or Fionnuala Email: Fionnuala.mclernon@btinternet.com.

Healthcare Pastoral visitors' course 2018: The next course run by the NI Healthcare Chaplains' Association (NIHCA) and Edgehill College will run for 9 weeks beginning Thurs 27th September 2018 from 7.30 - 9.30pm at Edgehill College, Belfast. The course is aimed at lay people who are interested in healthcare pastoral visitation, either within the local church context or within a chaplaincy context, or who already visit healthcare facilities such as hospitals, hospices or residential/nursing homes as part of their church responsibilities. Cost is £75, which includes materials and refreshments each night. For further information and an application form contact: Mrs Kay Irvine, College Administrator, Edgehill Theological College, 9 Lennoxvale, Belfast BT9 5BY. Email: kirvine@edgehillcollege.org Tel. (028) 9066 5870.

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry McCann PP.