



# St. Anthony's Parish, Belfast

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**PUBLIC MASS TIMES IN THE COVID-19 ERA**  
*(will be under assessment and review)*  
**Saturday Evening** at 6.30pm. (English Parish Mass)  
**Sunday Morning** (in Polish): 9am, & 7pm. (English Parish Mass): 11.30am  
**Weekdays:** Tues & Thurs at 9.30am. Fri at 7.00pm. **All Public English Masses on Facebook.** Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am  
**Private Mass (on Facebook Mon 9:30am)**  
**Confessions:** By Arrangement. **Baptisms:** By Appointment



## 2ND SUNDAY OF LENT

*And he was transfigured before them. (Mark 9:2-10)*

*Friends caught a dazed glimpse of him, as he really was!  
 In blinding brightness, his clothes turned dazzling white  
 as no eyes on earth had ever seen.*

*O Christ, take us to your mountain.*

*Transform all our acts, our very being, into your love.  
 "We are all walking around shining like the sun."*

*Let us see it. Let us glimpse your glory.*

*In beauty in skies and flowers and butterflies,  
 in a happy child's face, in music that our souls sing,  
 in joyful folks helping other folks.*

*Anne Osdieck*

## WE REMEMBER OUR DECEASED LOVED-ONES

**Recently Deceased:** Theresa Spence (mother of Fr Michael)  
 Canon Brendan McGee

**Anniversaries:** Patrick Gunn, Claire Burke, John & Bridget Rooney,

**COLLECTIONS:** DONATE £38. **Online Donate Button on Website**

We would appreciate that if you send in a cheque to pay for a number of different donations, that you itemise what amount should go to each collection.

## 4 WEEK EXTENSION TO THE LOCKDOWN—Statement by the Northern Catholic Bishops about the extension of the Covid-19 Shut-down by the Northern Ireland Executive to 5th March 2021. [SUMMARY]

- “.....In the light of this decision, .....the celebration of the Eucharist and other liturgies should continue to take place without the physical presence of the faithful. Marriage, funeral, baptismal liturgies and drive-in services may continue (subject to strict safety guidelines and regulations).
- Arrangements for recording and/or livestreaming and making individual visits for private prayer are also permissible in accordance with regulations.
- We encourage parishes, where possible, to continue to broadcast the celebration of Mass - and other devotions and prayer services - online and on other media, knowing that faith and prayer can be a tremendous support to individuals and society during these difficult times.
- We once more make this decision reluctantly, conscious of the pain that not being able to gather for public worship causes for all the faithful, but in the hope that this period of sacrifice is inspired by the command of Jesus to love our neighbours and undertaken for the protection of life and health and for the Common Good.
- We continue to ask for prayers for the sick, the bereaved and all those whose livelihoods have been particularly impacted by the pandemic. We keep especially in mind all health workers, carers, chaplains and other essential workers.”.....Northern Catholic Bishops.

•PLEASE NOTE The NI Executive has extended the Lockdown a further 4 weeks until April 5th!!!

For more information on the NI Executive Covid-19 Lockdown extension see <https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>

**Diocesan Masses and Services on webcams/online.** See list at: [www.downandconnor.org](http://www.downandconnor.org) including link to **Parish of St Anthony, Belfast Facebook page** for Live broadcasting of Mass.

The Times of Mass for Weekend and Weekday are: **English: Sat vigil 6:30pm, Sun 11:30am, Mon (Private), Tues & Thurs 9:30am, Friday 7pm (Facebook Live)** Please Note Mass on Monday 1st March will be at 12 noon.

### Lent 2021 Some suggestions for Lent:

- Take a temporary pledge to abstain from alcohol.
- Attend a parish Lenten Course via Zoom. eg St Patrick's (see below), or Via Dolorosa on Wednesdays of Lent (see below)

- Join in Parish Consecration to St Joseph from 15th February until 19th March. Search for “Consecration to St Joseph”
- Donate to Trócaire via a Trócaire Box or [www.trocaire.org](http://www.trocaire.org). Build your own Trócaire Box <https://www.trocaire.org/wp-content/uploads/2021/02/Make-your-own-Box-Lent-2021.pdf> The official Trócaire Boxes have arrived and I hope to have some to distribute them.

**LENTEN PIONEER PLEDGE PRAYER:** "I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

**The Saint Vincent de Paul** can be contacted by anyone who feels they need assistance, financially or otherwise, and we appreciate a lot of people need material assistance over the winter. The contact number is 02890351561, and the local conference will contact you. You can also contact us online at <https://www.svp.ie/get-help/request-help-online.aspx>. Donations can be given online to the region at <https://www.svp.ie/get-involved/donate/single-donation.aspx> and by phone on **028 9075 0161**.

**Lenten Talks from St Patrick's. FROM COVID TO LIGHT** ‘The one who has hope lives differently; the one who hopes has been granted the gift of a new life.’ – Pope Emeritus Benedict XVI.

A Zoom Conference which journeys ‘From Covid to Light’ through the lens of Faith and the Gospels of Lent.

Each Tuesday during Lent, we invite you to join us on this Lenten journey.  
 Each talk will begin with some prayer followed by our invited Guest's input for approx. 20 mins, concluding with some Q and A and a Prayer.

DATES	SPEAKER	THEME
Tuesday 23 <sup>rd</sup> February 2021	Fr James O'Reilly	The Wilderness of Covid
Tuesday 2 <sup>nd</sup> March 2021	Sr. Eileen O'Connell OP	Listen to Him
Tuesday 9 <sup>th</sup> March 2021	Mr Jim Deeds	Covid Roadmaps to Recovery
Tuesday 16 <sup>th</sup> March 2021	Fr Conor Stainton-Polland	The Light has come into the World
Tuesday 23 <sup>rd</sup> March 2021	Baroness Nuala O'Loan	I have Glorified it, and I will Glorify it again
Tuesday 30 <sup>th</sup> March 2021	Miss Sionán Mullan	From Covid to Eternal Light

Each conference begins at 8pm. **FREE AND OPEN TO ALL.**  
 To take part, send an email to

**[lententalks@downandconnor.org](mailto:lententalks@downandconnor.org)**

to receive Link and password for The Talks.

**Lectio Divina by Living Church Office.** Looking for something to do this Lent? Something prayerful? Aishling and Louise from the Living Church team will be facilitating our 5 week Lectio Divina programme written especially for Lent in Lockdown. We have three options for you to join in;

- Monday at 7pm beginning on Monday 15th Feb
- Thursdays at 1:30pm beginning on Thursday 18th Feb
- Thursdays at 7pm beginning on Thursday 18th Feb

To join simply send an e-mail to [livingchurch@downandconnor.org](mailto:livingchurch@downandconnor.org) we will send you the zoom link.

- Week 1 Michelle Flanagan <https://youtu.be/8KxDbDkmoPw>
- Week 2 Fr Albert Mc Nally <https://youtu.be/mdTV40VcA68>
- Week 3 Aishling Steen [https://youtu.be/S04pbZoq\\_nk](https://youtu.be/S04pbZoq_nk)
- Week 4 Fr Darren Brennan <https://youtu.be/bd2pmfKgbQk>
- Week 5 Fr John Murray <https://youtu.be/v0CqrX89Mow>

**Living Youth and Lent.** The full programme and resources for the programme can be found at <https://www.livingyouth.co.uk/lent-2021-resources> and the weekly activities for participants will be posted at <https://www.livingyouth.co.uk/lent-2021>

**Walking with Jesus along the Via Dolorosa.** This is a five session programme that includes a Gospel Reading, Reflective Prayer and Scriptural Rosary. Wednesdays of Lent 24th February, 3rd March, 10th March, 17th March, 24th March and 31st March at 7:30pm. Resources will be posted on the Parish Facebook page and Website.

**Diocesan Vocation Weekend.** Have you ever considered the possibility that God is calling you to the priesthood? If so, take this opportunity to gather online with other men who are discerning their vocation. This virtual retreat will create the time and space to help you discern God's calling in your life. The retreat will take place from the evening of Friday 19th – Saturday 20th March 2021. If you wish to register your interest in joining this retreat or would like further information contact: Fr. Kevin McGuckien - Tel: 02890614567 or email: [vocations@downandconnor.org](mailto:vocations@downandconnor.org)