



St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)
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PUBLIC MASS TIMES IN THE COVID-19 ERA

(will be under assessment and review)

Saturday Evening at 6.30pm. (English Parish Mass)

Sunday Morning (in Polish): 9am, & 7pm. (English Parish Mass): 11.30am

Weekdays: Tues & Thurs at 9.30am. Fri at 7.00pm. **All Public English Masses on**

Facebook. Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am

Private Mass (on Facebook Mon 9:30am)

Confessions: By Arrangement. **Baptisms:** By Appointment



1ST SUNDAY OF LENT

The Spirit drove Jesus out into the desert. (Mark 1:12-15)

Drawn to the desert by the Holy Spirit, and tempted!

Your only food, the will of the Father, you went.

Let your surrender summon us also: to your revolution of tenderness.

Help us listen to the Holy Spirit.

Let it be our life-giving food for the fast.

Anne Osdieck

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Philip Doherty (brother of Fr Johnny Doherty of Clonard Monastery), Theresa Spence (mother of Fr Michael) Canon Brendan McGee

Anniversaries: Patrick Gunn, Claire Burke, John & Bridget Rooney,

COLLECTIONS: DONATE £300 [Online Donate Button on Website](#)

We would appreciate that if you send in a cheque to pay for a number of different donations, that you itemise what amount should go to each collection.

4 WEEK EXTENSION TO THE LOCKDOWN—Statement by the Northern Catholic Bishops about the extension of the Covid-19 Shutdown by the Northern Ireland Executive to 5th March 2021. [SUMMARY]

•“.....In the light of this decision,the celebration of the Eucharist and other liturgies should continue to take place without the physical presence of the faithful. Marriage, funeral, baptismal liturgies and drive-in services may continue (subject to strict safety guidelines and regulations).

•Arrangements for recording and/or livestreaming and making individual visits for private prayer are also permissible in accordance with regulations.

•We encourage parishes, where possible, to continue to broadcast the celebration of Mass - and other devotions and prayer services - online and on other media, knowing that faith and prayer can be a tremendous support to individuals and society during these difficult times.

•We once more make this decision reluctantly, conscious of the pain that not being able to gather for public worship causes for all the faithful, but in the hope that this period of sacrifice is inspired by the command of Jesus to love our neighbours and undertaken for the protection of life and health and for the Common Good.

•We continue to ask for prayers for the sick, the bereaved and all those whose livelihoods have been particularly impacted by the pandemic. We keep especially in mind all health workers, carers, chaplains and other essential workers.”.....Northern Catholic Bishops.

•**PLEASE NOTE The NI Executive has extended the Lockdown a further 4 weeks until April 5th!!!**

For more information on the NI Executive Covid-19 Lockdown extension see <https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>

Diocesan Masses and Services on webcams/online. See list at: www.downandconnor.org including link to **Parish of St Anthony, Belfast** Facebook page for Live broadcasting of Mass.

The Times of Mass for Weekend and Weekday are: **English: Sat vigil 6:30pm, Sun 11:30am, Mon (Private), Tues & Thurs 9:30am, Friday 7pm (Facebook Live)**

Lent 2021 Some suggestions for Lent:

- Take a temporary pledge to abstain from alcohol.
- Attend a parish Lenten Course via Zoom. eg St Patrick's (see below), or Via Dolorosa on Wednesdays of Lent (see below)
- Join in Parish Consecration to St Joseph from 15th February until 19th March.
- Donate to Trócaire via a Trócaire Box or www.trocaire.org. Build your own Trócaire Box <https://www.trocaire.org/wp-content/uploads/2021/02/Make-your-own-Box-Lent-2021.pdf>

LENTEN PIONEER PLEDGE PRAYER: "I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

The Saint Vincent de Paul can be contacted by anyone who feels they need assistance, financially or otherwise, and we appreciate a lot of people need material assistance over the winter. The contact number is 02890351561, and the local conference will contact you. You can also contact us online at <https://www.svp.ie/get-help/request-help-online.aspx>. Donations can be given online to the region at <https://www.svp.ie/get-involved/donate/single-donation.aspx> and by phone on **028 9075 0161**.

Lenten Talks from St Patrick's. FROM COVID TO LIGHT 'The one who has hope lives differently; the one who hopes has been granted the gift of a new life.' – Pope Emeritus Benedict XVI.

A Zoom Conference which journeys 'From Covid to Light' through the lens of Faith and the Gospels of Lent.

Each Tuesday during Lent, we invite you to join us on this Lenten journey.

Each talk will begin with some prayer followed by our invited

Guest's input for approx. 20 mins, concluding with some Q and A and a Prayer.

DATES	SPEAKER	THEME
Tuesday 23 rd February 2021	Fr James O'Reilly	The Wilderness of Covid
Tuesday 2 nd March 2021	Sr. Eileen O'Connell OP	Listen to Him
Tuesday 9 th March 2021	Mr Jim Deeds	Covid Roadmaps to Recovery
Tuesday 16 th March 2021	Fr Conor Stainton-Polland	The Light has come into the World
Tuesday 23 rd March 2021	Baroness Nuala O'Loan	I have Glorified it, and I will Glorify it again
Tuesday 30 th March 2021	Miss Sionán Mullan	From Covid to Eternal Light

Each conference begins at 8pm. **FREE AND OPEN TO ALL.**

To take part, send an email to

lententalks@downandconnor.org

to receive Link and password for The Talks.

Lectio Divina by Living Church Office. Looking for something to do this Lent? Something prayerful? Aishling and Louise from the Living Church team will be facilitating our 5 week Lectio Divina programme written especially for Lent in Lockdown. We have three options for you to join in;

- Monday at 7pm beginning on Monday 15th Feb
- Thursdays at 1:30pm beginning on Thursday 18th Feb
- Thursdays at 7pm beginning on Thursday 18th Feb

To join simply send an e-mail to livingchurch@downandconnor.org we will send you the zoom link.

- Week 1 Michelle Flanagan <https://youtu.be/8KxDbDkmoPw>
- Week 2 Fr Albert Mc Nally <https://youtu.be/mdTV40VcA68>
- Week 3 Aishling Steen https://youtu.be/S04pbZ0q_nk
- Week 4 Fr Darren Brennan <https://youtu.be/bd2pmlKgbQk>
- Week 5 Fr John Murray <https://youtu.be/v0CqrX89Mow>

Living Youth and Lent. The full programme and resources for the programme can be found at <https://www.livingyouth.co.uk/lent-2021-resources> and the weekly activities for participants will be posted at <https://www.livingyouth.co.uk/lent-2021>

Walking with Jesus along the Via Dolorosa. This is a five session programme that includes a Gospel Reading, Reflective Prayer and Scriptural Rosary. Wednesdays of Lent 24th February, 3rd March, 10th March, 17th March, 24th March and 31st March at 7:30pm. Resources will be posted on the Parish Facebook page and Website.

Share the Good News—The February 2021 issue features articles on the Bishops' Submission on the Dying with Dignity Bill 2020; the launch of the Living Lent social media initiative for 2021; Archbishop Michael Neary's welcome for the World Day of Prayer for Grandparents and the Elderly; Archbishop Dermot Farrell's homily on the occasion of Mass marking the 40th anniversary of the Stardust tragedy; Trócaire's Lenten Campaign for this year; the Day of Prayer for Victims and Survivors of Abuse and more. The publication can be found on the Parish Website and Facebook page.

St Andrew's Foundation's 'Theology Thursdays!' series is back! Theology Thursdays! is a programme of seminars aimed at non-experts and beginners. Each seminar has a particular theological focus, lasts for one hour and is taught by an expert in the field. This semester the seminars will take place online and will last for one hour, from 5-6pm Please see the attached flyer with the information for each session. Please circulate as you see fit. It may be of interest to teacher educators, teachers, parents, catechists, students and senior school pupils. To book your place and receive the ZOOM link, please email: education-st-andrews-foundation@glasgow.ac.uk

Parish Safeguarding. Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks. Fr Henry McCann PP.