



St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)
3 Willowfield Crescent. BT6 8HP. Tel. 028 90458158. [Mobile 07740603643](tel:02890458158).

Email: h.mccann@downandconnor.org, stanthony@downandconnor.org,
henrymccann@hotmail.com, **Website:** www.saintanthony.co.uk

PUBLIC MASS TIMES IN THE COVID-19 ERA
(will be under assessment and review)

Saturday Evening at 6.30pm. (English Parish Mass)
Sunday Morning (in Polish): 9am, & 7pm. (English Parish Mass): 11.30am
Weekdays: Tues & Thurs at 9.30am. Fri at 7.00pm. **All Public English Masses on Facebook.** Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am
Private Mass (on Facebook Mon 9:30am)

Confessions: By Arrangement. **Baptisms:** By Appointment



5th SUNDAY OF ORDINARY TIME

He approached her, grasped her hand, and helped her up. (Mk 1:29-39)

*Lord, whole towns flocked to you,
with demons and sickness, to be healed.*

In our day we, as well, come to find you.

*O Lord: heal us too. We are plagued with unrest, our climate is in crisis,
jobs are gone, and of course, the virus is upon the world.*

Take our hand. Help us up.

*Let us take your good news
to all of our sisters and brothers everywhere.*

Anne Osdieck

WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Philip McAllister, Hilda Booth, Colette McAnee (mother of Stephen from HA Leslie & Co. Insurers), Betty McCaughan (mother of Fr Aidan), Sarah Matthews, Philip Doherty (brother of Fr Johnny Doherty of Clonard Monastery), Theresa Spence (mother of Fr Michael)

Anniversaries: Marie Matthews, Terence & Sarah McCartan, John O'Connor, Jim & Kathleen McCann (parents of Fr Henry), Patrick Gunn, Claire Burke, John & Bridget Rooney,

COLLECTIONS: DONATE £90 **Online Donate Button on Website**

We would appreciate that if you send in a cheque to pay for a number of different donations, that you itemise what amount should go to each collection.

Diocesan Masses and Services on webcams/online. See list at: www.downandconnor.org including link to **Parish of St Anthony, Belfast Facebook page** for Live broadcasting of Mass.

The Times of Mass for Weekend and Weekday are: **English: Sat vigil 6:30pm, Sun 11:30am, Mon (Private), Tues & Thurs 9:30am, Friday 7pm (Facebook Live)**

4 WEEK EXTENSION TO THE LOCKDOWN—Statement by the Northern Catholic Bishops about the extension of the Covid-19 Shutdown by the Northern Ireland Executive to 5th March 2021.

[On Thursday afternoon] the Northern Ireland Executive took the unanimous decision to extend the current Covid-19 restrictions until Friday 5th March 2021. This decision was based on the strong recommendation of the Chief Medical Officer and the Chief Scientific Advisor, as a result of the continued extremely high level of transmission of the Covid-19 virus throughout the community (which over these last four weeks had not reduced to the level that had been hoped for), along with the increasing numbers in hospital and intensive care.

In the light of this decision, and on the basis of the clear and unequivocal public health advice that people should continue to stay at home, the Northern Catholic Bishops have decided that, until 5 March (but subject to ongoing review in line with any change to the public health advice), the celebration of the Eucharist and other liturgies should continue to take place without the physical presence of the faithful. Marriage, funeral, baptismal liturgies and drive-in services may continue (subject to strict safety guidelines and regulations). Arrangements for recording and/or livestreaming and making individual visits for private prayer are also permissible in accordance with regulations. We encourage parishes, where possible, to continue to broadcast the celebration of Mass - and other devotions and prayer services - online and on other media, knowing that faith and prayer can be a tremendous support to individuals and society during these difficult times.

We once more make this decision reluctantly, conscious of the pain that not being able to gather for public worship causes for all the faithful, but in the hope that this period of sacrifice is inspired by the command of Jesus to love our neighbours and undertaken for the protection of life and health and for the Common Good.

We continue to ask for prayers for the sick, the bereaved and all those whose livelihoods have been particularly impacted by the pandemic. We keep especially in mind all health workers, carers, chaplains and other essential workers. We welcome the announcement that a similar position is being taken by the leaders of the Church of Ireland, the Presbyterian Church in Ireland, the Methodist Church in Ireland and many other denominations and faith communities in response to the unequivocal message from public health authorities that as many people as possible stay at home at this time.....Northern Catholic Bishops.

For more information on the NI Executive Covid-19 Lockdown extension see <https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you>

The Saint Vincent de Paul can be contacted by anyone who feels they need assistance, financially or otherwise, and we appreciate a lot of people need material assistance over the winter. The contact number is 02890351561, and the local conference will contact you. You can also contact us online at <https://www.svp.ie/get-help/request-help-online.aspx>. Donations can be given online to the region at <https://www.svp.ie/get-involved/donate/single-donation.aspx> and by phone on **028 9075 0161**.

Diocesan Directories The 2021 Down & Connor Diocesan Directory is available from the sacristy or contact Fr McCann. Price £4

Lenten Talks from St Patrick's. FROM COVID TO LIGHT 'The one who has hope lives differently; the one who hopes has been granted the gift of a new life.' – Pope Emeritus Benedict XVI.

A Zoom Conference which journeys 'From Covid to Light' through the lens of Faith and the Gospels of Lent.

Each Tuesday during Lent, we invite you to join us on this Lenten journey.

Each talk will begin with some prayer followed by our invited

Guest's input for approx. 20 mins, concluding with some Q and A and a Prayer.

DATES	SPEAKER	THEME
Tuesday 23 rd February 2021	Fr James O'Reilly	The Wilderness of Covid
Tuesday 2 nd March 2021	Sr. Eileen O'Connell OP	Listen to Him
Tuesday 9 th March 2021	Mr Jim Deeds	Covid Roadmaps to Recovery
Tuesday 16 th March 2021	Fr Conor Stainton-Polland	The Light has come into the World
Tuesday 23 rd March 2021	Baroness Nuala O'Loan	I have Glorified it, and I will Glorify it again
Tuesday 30 th March 2021	Miss Sionán Mullan	From Covid to Eternal Light

Each conference begins at 8pm. **FREE AND OPEN TO ALL.**

To take part, send an email to

lententalks@downandconnor.org

to receive Link and password for The Talks.

St Colmcille's Alpha Programme. The Alpha Video series will be presented via Zoom, starting on next THURSDAY 4TH FEBRUARY, 8.00pm to 9.00pm. Alpha helps to create conversations in small groups about life, faith and God. Those who would like to register, or to find out more, should send an email to - stcolmcilles@downandconnor.org.

The virtual Divine Mercy Conference (2021) will take place on 19, 20, and 21 February. It will be broadcast through our website www.divinemercyconference.com free of charge. It will also be available on www.RadioMaria.ie and you may listen in via your TV on Saorview 210 (audio only) and dial up listening service 01-4373277. The theme of this our 30th Conference is: For Thine is the Kingdom, the Power and the Glory (Mt. 6:13). The speakers over the weekend are: Sr. Briege McKenna, Healing Ministry, Conference Speaker and author. Fr. Hayden Williams, OFM Cap, Healing Ministry and preacher. Fr. Colomba Jordan C.F.R., Healing Ministry and Retreat Director. Fr. Brendan Walsh, SCA, Retreat Director, Healing Ministry and Conference speaker. Rev. Dr. Eunan McDonnell, SDB, Provincial of the Salesians in Ireland and Spiritual Director to the Conference Committee. Fr. Eamonn McCarthy, Director of Radio Maria. Christy May, Legion of Mary member who will share his testimony of conversion.

LENTEN PIONEER PLEDGE Lent begins on Ash Wednesday 17th February 2021. Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction? Please consider taking the short-term Lenten Pledge and make a difference to someone's life and say the following daily prayer. PRAYER:" I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

World Day of Prayer for the Sick, Feast of our Lady of Lourdes, Thurs 11th Feb 2021, Pope Francis' message is available on the parish Facebook and Website pages