

# Parish Newsletter

NINETEENTH SUNDAY IN ORDINARY TIME | 13 AUGUST 2017  
Year A | Issue 38

## DO NOT BE AFRAID, I AM WITH YOU

**A**nyone who can remember learning how to swim will be able to identify with Peter in this story. You enter hesitantly into the water, encouraged by the instructor, make a few frantic strokes, lose confidence and stretch out a hand to be rescued. It is symbolic of many situations in life, and it illustrates both the importance, and the power, of faith. Have you noticed that when you believe in someone, or something, you can do things that would not be

possible when you are full of doubts? This is true at many levels. Perhaps you can recall moments when some kind of faith gave you strength and courage? Think of the anxiety you experience when you are doing a task full of self-doubt. How different it is when you have belief in yourself.

Likewise what a difference it makes when you are working in partnership and you trust your partner. There is none of the uncertainty that is present

### Today's Readings



1 Kings 19:9-11-13  
Psalm 84:9-14  
Romans 9:1-5  
Matthew 14:22-34

### Next Sunday's Readings



Isaiah 56:1,6-7  
Psalm 66:2-6,8  
Romans 11:13-15,29-32  
Matthew 15:21-28

(continued on back page)



when you think your partner is unreliable or cannot be trusted. Just as this is true of a human partner, so also it is true in our relationship with God.

We believe that God is with us at every moment of our lives. Many a difficult situation can be made more tolerable when we have faith in the presence of God with us. We are never on our

own. We can endure most things when we realise that we do not have to face them on our own.

But God will not come face-to-face with us as Jesus met Peter on the sea. God's presence is often difficult to discern and sometimes we need to be like Elijah in the first reading. He detected the presence of God not in a storm or fire, but in a gentle breeze (or as another translation puts it "in the sound of sheer silence"). It is in silence, and when we stop talking, that we are most likely to hear what God is saying to us.

Of course, God often acts through secondary causes. Think of those who extended a helping hand when you found yourself in rough seas. Who were the people who came to you in your anxious moments and said to you, "It is I. Do not be afraid. I am with you"? Today's psalm says "God's help is near for those who revere him." ■

— John Byrne, OSA

### Reflection

What helps best to calm your fears at a time of anxiety?

### Lesson

We are never on our own. God is always with us, and human help may be closer than we realise.

### Prayer

I will hear what the Lord God has to say, a voice that speaks of peace. (Ps 84)



### This Week (14–20 August)

- 14 **Mon** St Maximilian Mary Kolbe, priest and martyr
- 15 **Tue** THE ASSUMPTION OF THE BVM
- 16 **Wed** St Stephen of Hungary
- 17 **Thur** Our Lady of Knock
- 18 **Fri** St Helen
- 19 **Sat** St John Eudes, priest
- 20 **Sun** TWENTIETH SUNDAY IN ORDINARY TIME





# St. Anthony's Parish, Belfast

PARISH PRIEST: Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)  
3 Willowfield Crescent, BT6 8HP. Tel. 028 90458158. Mobile 07740603643.

Email: h.mccann@downandconnor.org, stanthony@downandconnor.org,  
henrymccann@hotmail.com, Website: www.saintanthony.co.uk

**MASS TIMES & SERVICES** (UNLESS OTHERWISE STATED)

Saturday Evening at 6.30pm. (English Parish Mass)

Sunday Morning (in Polish): 9.30am, 1pm & 7pm. (English Parish Mass): 11.30am

Weekdays: Monday, Tuesday & Thursday at 9.30am. Friday at 7.00pm.

Wednesday: Communion Service discontinued until further notice (Day off)

Holy Days of Obligation: Vigil Mass at 7.00pm & Morning of Feast Day 09.30am

Confessions: Before each Mass and By Arrangement. Baptisms: Saturdays at 4pm (3 weeks notice required)



## 19th SUNDAY OF ORDINARY TIME

SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPELS

Matthew 14:22-33

1. The story illustrates the power of faith. Have you noticed that when you believe in someone, or something, you can do things that would not be possible when you are full of doubts? Recall moments when your faith gave you strength and courage? Name for yourself the different kinds of faith that had this effect: belief in yourself, trust in another, faith in God.

2. When Jesus got into the boat the winds ceased. Who has been a Jesus person for you and helped to calm a storm that frightened you or made you anxious?

3. The experience of Peter gives encouragement to us when we waver in our trust and belief in God. In his doubt and fear Jesus reached out to him. Who has reached out a helping hand to you when you felt you were sinking?

4. The story ends with a profession of faith in Jesus as the Son of God. Have you had experiences of being rescued from some hazard or danger, experiences which deepened your faith in the presence and compassion of God for you?

John Byrne OSA. Email jpbryneosa@gmail.com

### WE REMEMBER OUR DECEASED LOVED-ONES

Recently Deceased: Sr Celestine Clifford

Anniversaries: Letty Murray, Neil Watson, Dan Gallagher, Robert (Bobbie) McParland, Vincent Crilly (Sun 19th Aug at 6:30pm), Brenda Gunn (Sun 20th Aug at 11:30am), Carol McGreevy (Sat 2nd Sept at 6:30pm), Thomas & Isobel McGiffin (Sun 3rd at 11:30am)

### READERS AND EUCHARISTIC MINISTERS

UPDATED ROTAS AVAILABLE IN SACRISTY (Sorry for Confusion)

Sun 13th August

READERS:

Vigil Mass: Anthony Clifford & Shauna Mullen  
Morning Mass: Tracy Mallon & Margaret Sheppard

EUCCHARISTIC MINISTERS:

Vigil Mass: Stephen Murphy  
Morning Mass: James Henderson

Sun 20th August

READERS:

Vigil Mass: Eamon Blaney & Carmel Blaney  
Morning Mass: Martina McClory & Kay Dunn

EUCCHARISTIC MINISTERS:

Vigil Mass: Frank Doherty  
Morning Mass: Séamus Monaghan

**COLLECTIONS:** Many thanks for your contribution to last week's collections: Monthly Stipend £614.11, Weekly £68, Pastoral Services £5, Trocaire Emergency appeal £50 (Total £1069.42), Shrines £73.67. **NEW BOXES OF ENVELOPES ARE NOW AVAILABLE.** If your details have changed, or if you would like to register for a box, please give your details to Fr McCann as soon as possible. Please consider signing a Gift Aid form so that the parish can claim back the Tax from the HMRC on your contributions. Your own Tax is not affected.

**Feast of the Assumption of the Blessed Virgin Mary** Masses English: Mon 14 (vigil) 7pm. & Tues 15th at 9:30am. Polish: Tues 15th at 7pm

**Come all ye and sing for your supper in aid of children in Malawi.** Informal music session, participate or listen, sing or be silent, maybe even dance! August 18th, 7:30-10pm, DOWNSHIRE COMMUNITY HALL, 1 Downshire Pk Central Cregagh Road. See poster in Church porch.

**RCIA** stands for the Rite of Christian Initiation of Adults and is for individuals from any faith background (and none) who want to explore and enquire into the catholic

faith. It is a weekly series of classes and discussion covering a wide range of aspects of the catholic faith. The weekly classes are on Thursday evenings and last 1hr.30mins. Ultimately, RCIA is a journey of faith exploration and development, culminating in the reception of the catechumens/candidates into the catholic community at Pentecost, if after their exploration and enquiry into the catholic faith the Holy Spirit inspires them to do so. (Catechumen participants are those who were never baptized. Candidate participants are those who were baptized into another faith denomination). The RCIA programme begins at St. Mary's, Chapel Lane on 5th October 2017. Should you wish to take part, please contact Fr. James Boyle MIM, or Anne McCrossan ASAP to arrange a meeting and register. Tel: 02890 320482 Email: administratorofstmarys@btinternet.com. SEE POSTER IN TIR PORCH.

**Recruitment for Young Men for Morning Star House Legion of Mary.** Will you lend a helping hand? The Legion of Mary needs young men between 16-18 to give 2 hours per week working for homeless men in Morning Star House Belfast. If you are interested or would like to find out more information, contact Michael at 077 6341 8867

**Belfast Community Gospel Choir.** St Mary's on the Hill Parish, Glengormley, have arranged that this acclaimed choir shall give a presentation of music and hymns in praise of God at St Bernard's Church, on Friday 6th October at 8pm. Tickets are £10 per adult and £5 per child and can be bought from the Repository, the parish office or online at bcgcmoth.eventbrite.co.uk, email bcgcmoth@gmail.com or call 07377 098094. See poster in porch.

**Learn the basic skills in cross stitching and create your own piece of embroidery.** The informal class is in the Good Shepherd Centre (Holy Rosary Parish) on Saturday 19 August from 1.30pm until 4.30pm. Class fee is £10.00 which includes tuition, materials and refreshments. To book, contact Joanne, telephone 07990 945818.

**Fatima Conference for Northern Ireland** on September 8th and 9th - in conjunction with World Apostolate of Fatima (Ireland), the Pontifical Marian Academy, the Marian Institute and the Mariological Society of Ireland. This two day event will explore in detail the events of Fatima, its message to today's world and its call. In the Drummond Hotel, Ballykelly. See poster in Church Porch.

**British Red Cross Volunteers.** Can you spare 1 hour a week or more? Would you like to help the Red Cross care for people in your local community? We are looking for volunteers for our wheelchair load service and volunteer drivers to help with deliveries and collections. No experience necessary. Full training provided and volunteer expenses reimbursed. Contact David Moore on 028 9073 5380 / 07841727043.

**Jubilee Centenary of Our Lady of Fatima on the Feast of the Assumption:** 2017 marks the 100th anniversary of the apparition of the Blessed Virgin Mary to the 3 shepherd children in Fatima, Portugal. The pilgrim Statue of Our Lady of Fatima will be welcomed in The Church of the Immaculate Conception and St Joseph, Crossgar on the Feast Day of the Assumption (15th August). The celebration will commence with morning Mass at 9.30am followed by Adoration of the Blessed Sacrament. The Rosary as requested by Our Blessed Lady when she appeared to the children, will be recited every hour throughout the day concluding with Benediction @ 7.20pm and Mass celebrated by our visiting priest Fr Ailbe O'Reilly (order of the Holy Cross).

**Grandparents National Annual Pilgrimage - 10th September 2017, Knock Shrine at 2.30pm.** Everybody welcome to honour & thank Grandparents alive & dead for all they have done for us down through the ages. Chief Celebrant Archbishop Eamon Martin - Ballina School Choir - Dana sings 'Our Lady of Knock'. See poster in the Porch.

**St Bernard's Parish, Glengormley:**

**Mass for Sick & Housebound & Anointing** will take place on Sunday 20th August @ 3pm in St Bernard's Church, 165 Antrim Road, Newtownabbey, BT36 7QR. All welcome.

**Cemetery Sunday, Carnmoney** shall be on Sunday, 3rd September 2017 at 2.30pm with Solemn Requiem Mass in St Bernard's Church, 165 Antrim Rd, Glengormley BT36 7QR for all the deceased, followed by blessing of the graves at Carnmoney Cemetery. Priests will be on hand, as usual, to assist with the blessings. (Some people choose to bless the graves before Requiem Mass).

**Knock Novena 14-22 August 2017** with the theme "Living Life to the Full". Includes the National Launch of the World Meeting of Families 2018 Programme by Archbishop Eamon Martin on 21st August at 3pm. More information can be found on the Poster in the church Porch.

**Parish Safeguarding.** Can you please ensure that all Children and Vulnerable Adults are accompanied at all times when entering the Sacristy / Toilet facilities. If you have any queries regarding the Safeguarding Policy please contact a member of the Parish Safeguarding Committee. Many Thanks, Fr Henry PP.