



# St. Anthony's Parish, Belfast

**PARISH PRIEST:** Fr. Henry McCann (and Chaplain to the Ulster Hospital, Dundonald)  
 3 Willowfield Crescent. BT6 8HP. Tel. 028 90458158. [Mobile 07740603643. \(preferred\)](tel:02890458158)  
**Email:** [h.mccann@downandconnor.org](mailto:h.mccann@downandconnor.org), [stanthonys@downandconnor.org](mailto:stanthonys@downandconnor.org),  
[henrymccann@hotmail.com](mailto:henrymccann@hotmail.com), **Website:** [www.saintanthonyv.co.uk](http://www.saintanthonyv.co.uk)

**PUBLIC MASS TIMES IN THE COVID-19 ERA**  
*(will be under assessment and review)*

**Saturday Evening** at 6.30pm. (English Parish Mass)  
**Sunday Morning** (in Polish): 9am, & 7pm. (English Parish Mass): 11.30am  
**Weekdays:** Tues & Thurs at 9.30am. Fri at 7.00pm. **All Public English Masses on Facebook.** Polish Weekday Masses: Tues & Thurs 7pm, Sat 9am  
**Private Mass (on Facebook Mon 9:30am)**  
**Confessions:** By Arrangement. **Baptisms:** By Appointment



## EASTER DAY OF THE LORD'S RESURRECTION

*They both ran, but the other disciple ran faster than Peter  
 and arrived at the tomb first ... John 20:11-18*

**An angel. Dazzling light. Boulders upheaved. Burial head  
 cloth rolled up. Women running to tell disciples. Disciples  
 racing to see for themselves.**

**Empty tomb proclaiming the good news!**

**He was not There! "Where is he?"**

**"Mary!"**

**The one who has loved us into wholeness is alive,  
 and with us now.**

**We say with her, "Rabbouni!"**

*Anne Osdieck*

### WE REMEMBER OUR DECEASED LOVED-ONES

**Recently Deceased:** Irene Montgomery, Ron Workman  
**Anniversaries:** Patrick Gunn, Claire Burke, John & Bridget  
 Rooney, Terry & Theresa McCann

**COLLECTIONS:** Many thanks for your support. I have not gotten to counting the previous collections. New boxes of envelopes are available for collection. DONATE £295. **Online Donate Button on Website** If you would like to hand in envelope donations please contact Fr McCann to arrange.

We would appreciate that if you send in a cheque to pay for a number of different donations, that you itemise what amount should go to each collection.

### Statement by the Northern Bishops announcing that Public Worship may resume in Northern Ireland from Friday 26th March:

- Bishops in the North announce a cautious return to public worship for the faithful from Friday 26th March, in time for the celebration of Holy Week and Easter.
- Bishops emphasise the need for continued caution and a rigorous application of all mitigations and safeguards required to ensure the safest possible return to public worship in our Churches.
- Every person should consider carefully if returning to collective worship is the safe and appropriate step for them, at this time. Families are encouraged to join those celebrating the passion, death and resurrection of Jesus in Churches, from the 'domestic church' of their own living rooms, via live-streaming.
- Bishops, together with other Church leaders, encourage all on Easter Sunday to pray and reflect in a spirit of remembering, solidarity and hope in the context of the current pandemic.

**The "Take Home Message" is the need to redouble our resolve to avoid the risk of spread of the Virus. So Social Distancing, Face Masks, and the need to keep Track & Trace data, should an outbreak of infection arise. For those who have smartphones we highly encourage you to scan the QR Code on posters in the Porch and Church walls and fill in the online form with Name and Contact Telephone number (One per household). Otherwise fill in the sheet in the porch. As many Covid-infected can be asymptomatic (not exhibiting symptoms), we need to have this information should someone end up infected while attending mass in church, so that those attending can be contacted and asked to self-isolate for 10 days. The Church will be closed for this period and deep cleaned. Contact details will only be kept for a maximum of 21 days, and the details only shared with Track & Trace when needed.**

For a full look at the statement, see <https://www.downandconnor.org/blog/2021/03/17/17-march-2021-statement-northern-bishop-resumption-public-worship-friday-26th-march/>

### An Updated Guideline for what to expect as we return to the

### Public Attendance of Services in Churches for St Anthony's, is available to take home, and will be available on the parish Website and Facebook page.

**Act of Perfect Contrition.** Through an act of Perfect Contrition, you can receive the forgiveness of your sins outside of confession, even mortal sins, provided that you determine yourself to correct your life and make a firm resolution to go to sacramental confession as soon as possible, when it becomes once more available.

1. In reality, or in your mind, kneel at the foot of a crucifix and repeat: "Jesus, my God and my Saviour, in the midst of your agony you remembered me, you suffered for me, you wanted to purify me from my sins".
2. Contrition is "perfect" if you repent of your sins because you love God and you sincerely regret having offended Him and having contributed Christ's sufferings on the Cross.
3. Recite, slowly and sincerely, an act of contrition focusing on the goodness of God and your love for Jesus: "O my God, since you are so good I am sincerely repentant for having sinned against you and with the help of your grace I will no longer sin. Amen".
4. Make a firm resolution to go to sacramental confession as soon as possible.

**Diocesan Masses and Services on webcams/online.** See list at: [www.downandconnor.org](http://www.downandconnor.org) including link to **Parish of St Anthony, Belfast** Facebook page for Live broadcasting of Mass. Times of Mass for Weekend and Weekday are: **English: Sat vigil 6:30pm, Sun 11:30am, Mon (Private), Tues & Thurs 9:30am, Friday 7pm (Facebook Live)**

**The Saint Vincent de Paul** can be contacted by anyone who feels they need assistance, financially or otherwise, and we appreciate a lot of people need material assistance over the winter. The contact number is 02890351561, and the local conference will contact you. You can also contact us online and Donations can be given online at <https://www.svp.ie/stbernadettessouthandeastbelfastappeal>

**Lectio Divina by Living Church Office. Journey with the Gospels through the Easter season to Pentecost!** Over Lent people from across the Diocese joined in an online programme to learn the method of praying with scriptures known as Lectio Divina – Divine Reading. This Easter season, we invite you to join us online for a time of discussion and praying with Scripture through Lectio Divina. The groups are facilitated by Aisling and Louise from the Living Church team on Zoom. There are two groups available for you to chose from Monday or Thursday evenings at 7pm. The program will run for 6 weeks starting on Monday 12th April or Thursday 15th April. It will be great for us to connect with one another and to the Word of God.

To take part email [livingchurch@downandconnor.org](mailto:livingchurch@downandconnor.org) and you will receive the log in details for the session. We look forward to welcoming you!

**Times of Masses/Liturgies on Easter Week at St Anthony's**

Easter Sunday 9:30am & 7pm (Polish)	11:30am (English)
Easter Monday 9am & 12 noon (Polish),	10:30am (English)
Easter Tues: 9:30am (English).	7pm (Polish)
Easter Wed: NO MASS	
Easter Thurs: NO 9:30am MASS (English)	7pm (Polish)
Easter Fri: 7pm (English)	
Easter Sat: 9am (Polish)	

**Trócaire's Lenten Appeal** will still be active for a period of time after Easter and all donations to the appeal from the public in NI made before 16th May will be matched pound for pound by the UK government, up to £2m. Supporters who sign up for a monthly gift, or increase their monthly gift before the 16th May deadline, will have their instalments matched. Trócaire boxes are available in the porch. Your contributions should be returned ASAP

**Wishing all our parishioners, and visitors a Safe and Blessed Easter  
 in the joy of the Risen Christ**